

# The role of the intestinal microbiome in GVHD

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Marcel R. M. van den Brink



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# Acknowledgements

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**Robert Jenq, MD**  
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# Bone Marrow Transplant in Numbers

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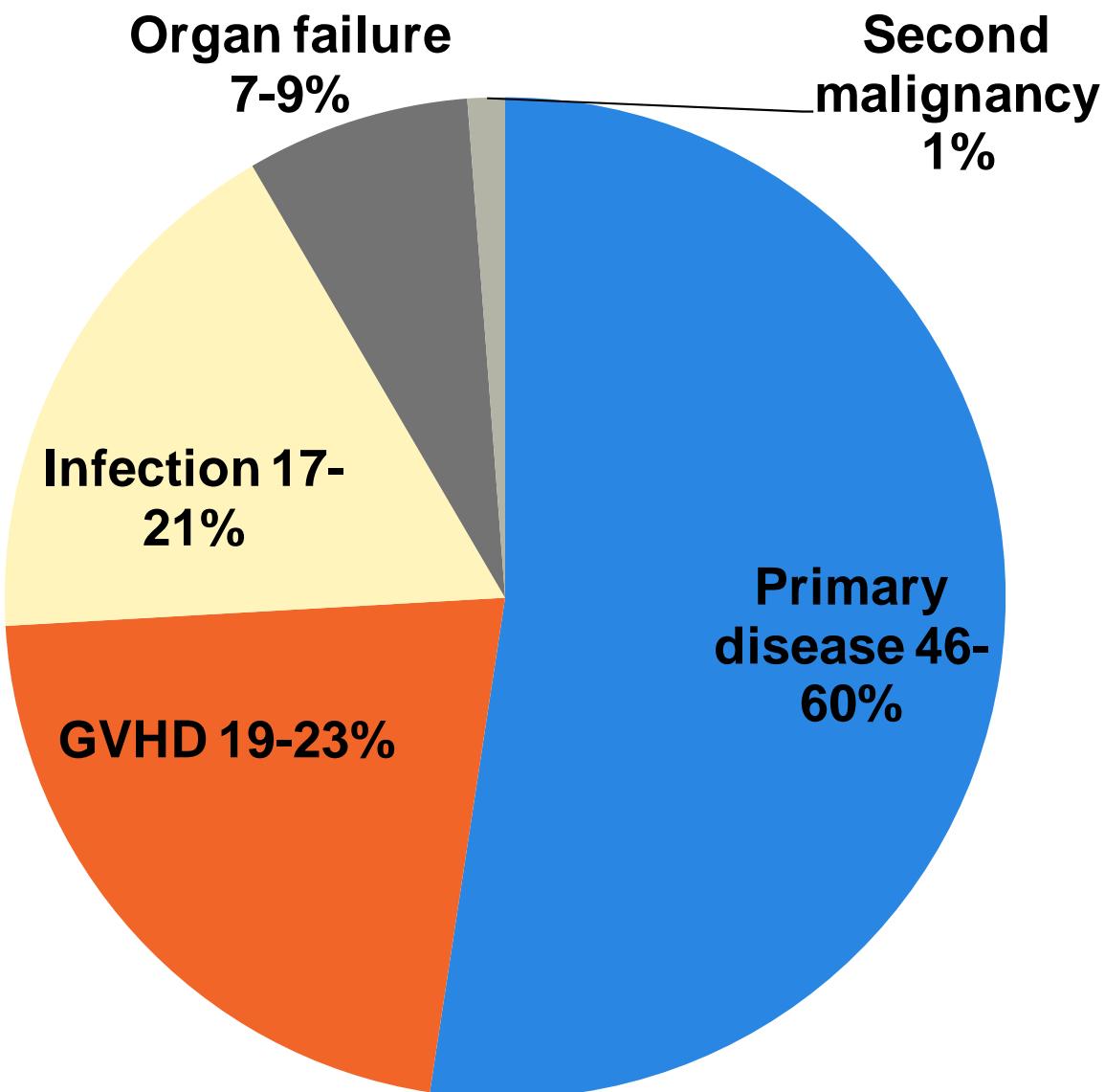
- 66,000 global transplants<sup>1</sup> (2011-2012):
  - 36,000 autologous
  - 30,000 allogeneic
- 1 millionth patient transplanted in December 2012
- 22,222,377 donors<sup>2</sup> currently registered worldwide
- 1,400 transplant centers worldwide
- Mostly for patients with leukemia, lymphoma or myeloma

# Allogeneic Hematopoietic Stem Cell Transplantation

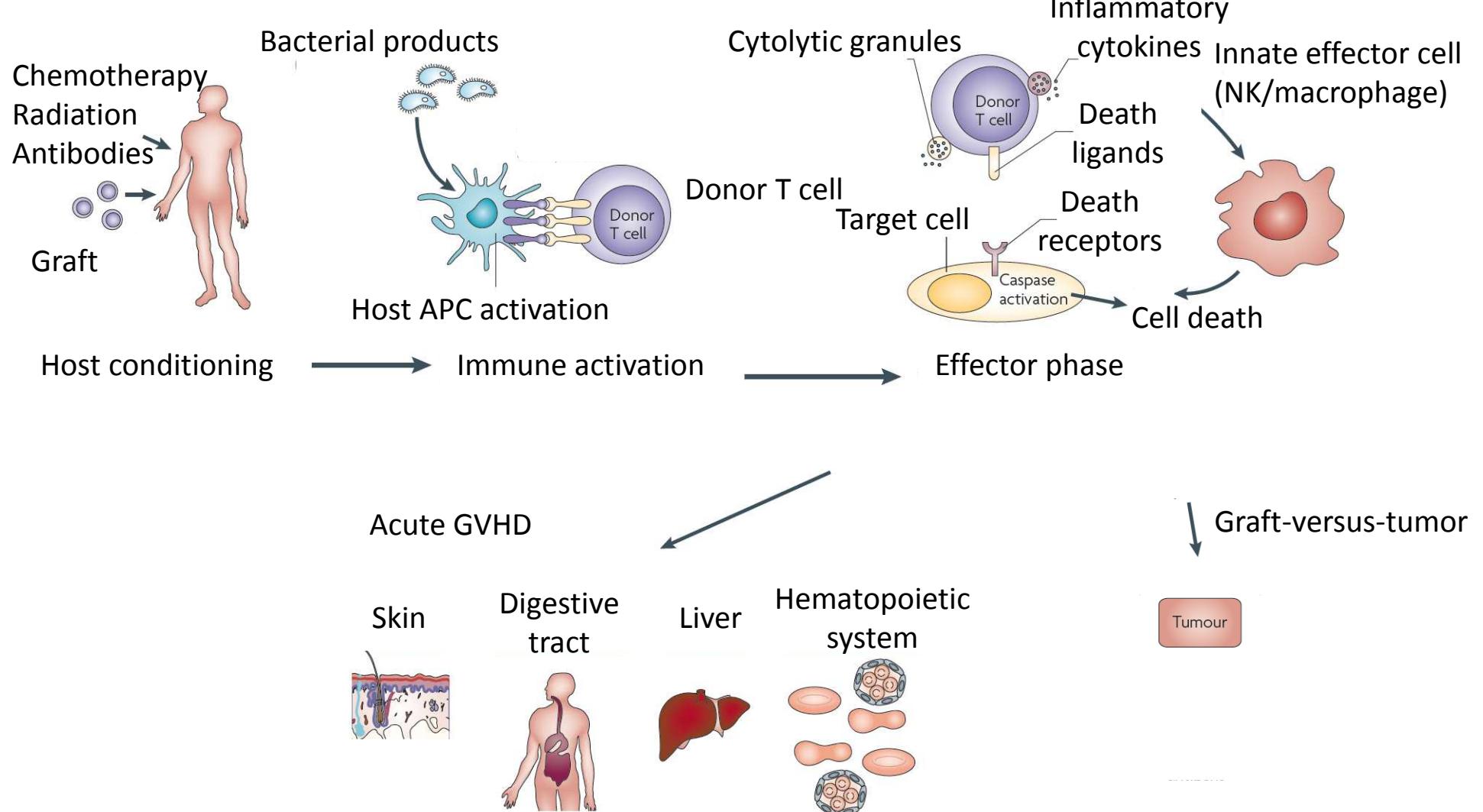
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- High dose therapy with hematopoietic stem cell rescue
- Only established stem cell therapy
- Immunotherapy of cancer (graft-versus-tumor)
- Personalized/precision medicine
- Adoptive cell therapy

# Cause of death after allogeneic BMT (2010-2011)

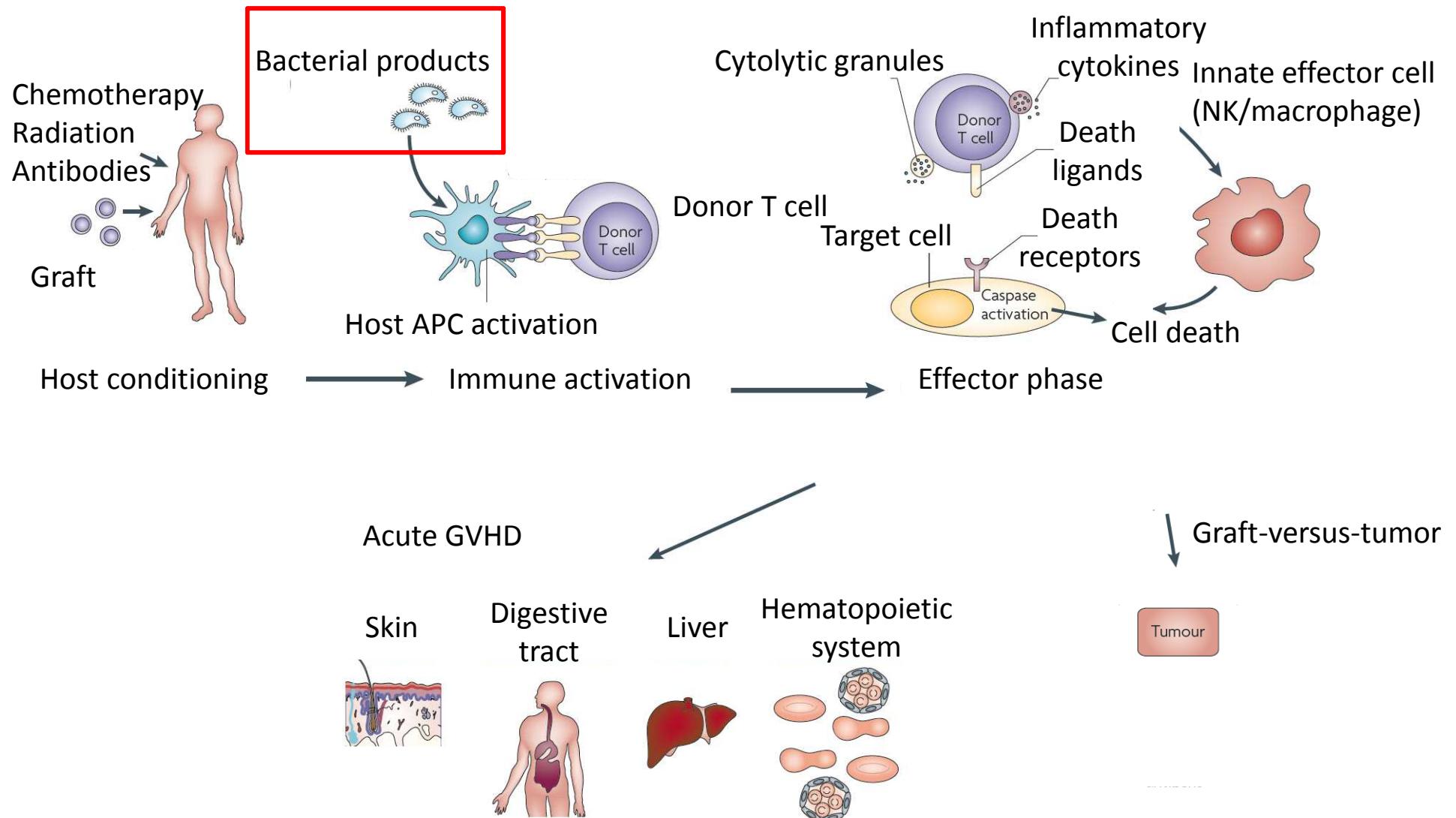


# Pathophysiology of Graft-versus-host disease



Jenq and van den Brink, Nature Reviews Cancer, 2010

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Jenq and van den Brink, Nature Reviews Cancer, 2010

# An old question – can the flora impact on GVHD

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**Mortality and Gross Pathology of Secondary Disease in Germfree Mouse Radiation Chimeras<sup>1</sup>**

1971

J. MIRIAM JONES<sup>2</sup>, RAPHAEL WILSON, AND PATRICIA M. BEALMEAR

**Mitigation of Secondary Disease of Allogeneic Mouse Radiation Chimeras by Modification of the Intestinal Microflora<sup>1</sup>**

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**GRAFT-VERSUS-HOST DISEASE AND SURVIVAL IN PATIENTS WITH APLASTIC ANEMIA TREATED BY MARROW GRAFTS FROM HLA-IDENTICAL SIBLINGS**

**Beneficial Effect of a Protective Environment**

RAINER STORB, M.D., ROSS L. PRENTICE, PH.D., C. DEAN BUCKNER, M.D., R. A. CLIFT, F.I.M.L.S.,  
FRED APPELBAUM, M.D., JOACHIM DEEG, M.D., KRISTINE DONEY, M.D., JOHN A. HANSEN, M.D.,  
MARK MASON, JEAN E. SANDERS, M.D., JACK SINGER, M.D., KEITH M. SULLIVAN, M.D.,  
ROBERT P. WITHERSPOON, M.D., AND E. DONNALL THOMAS, M.D.

1983

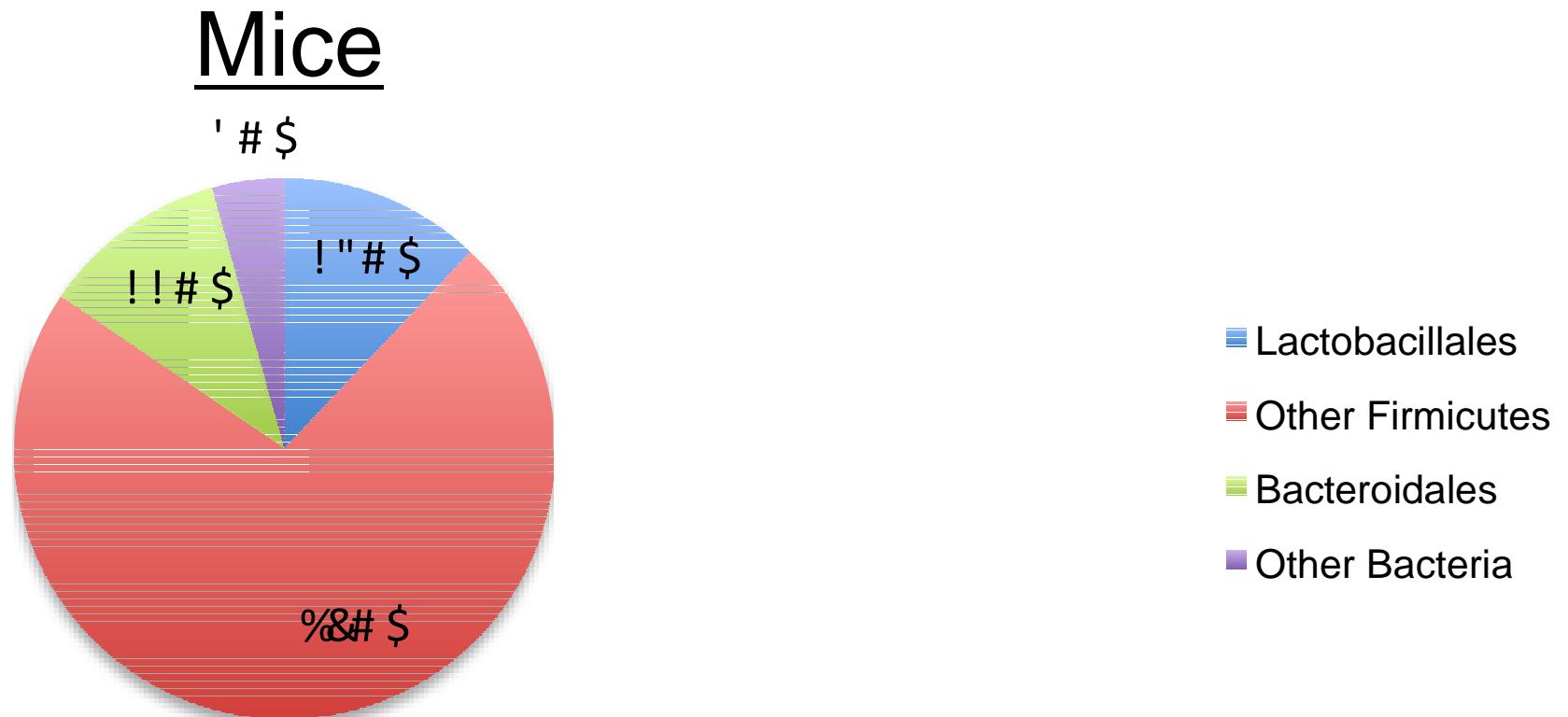


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# Bacterial Taxonomy Guide

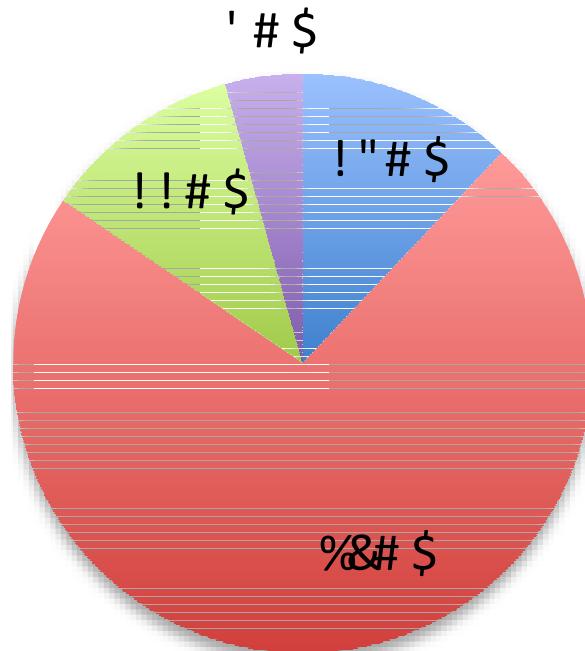
Phylum	Order	Genus	Gram stain	Facultative or obligate anaerobe
Firmicutes	Lactobacillales	<i>Lactobacillus</i> <i>Enterococcus</i>	+	facultative
	Clostridiales	<i>Clostridium</i> <i>Blautia</i>		obligate
Proteobacteria	Enterobacteriales	<i>Escherichia</i> <i>Klebsiella</i>	-	facultative
Bacteroidetes	Bacteroidales	<i>Bacteroides</i> <i>Barnesiella</i>		obligate

# Comparison of baseline flora of mice and allo BMT patients

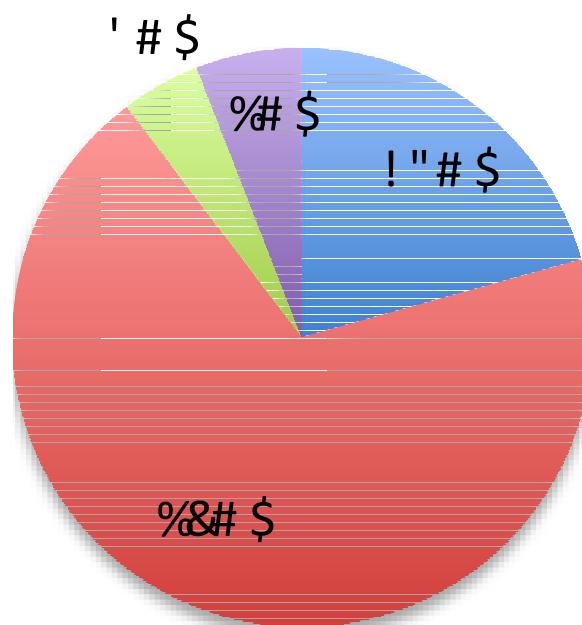


# Comparison of baseline flora of mice and allo BMT patients

Mice

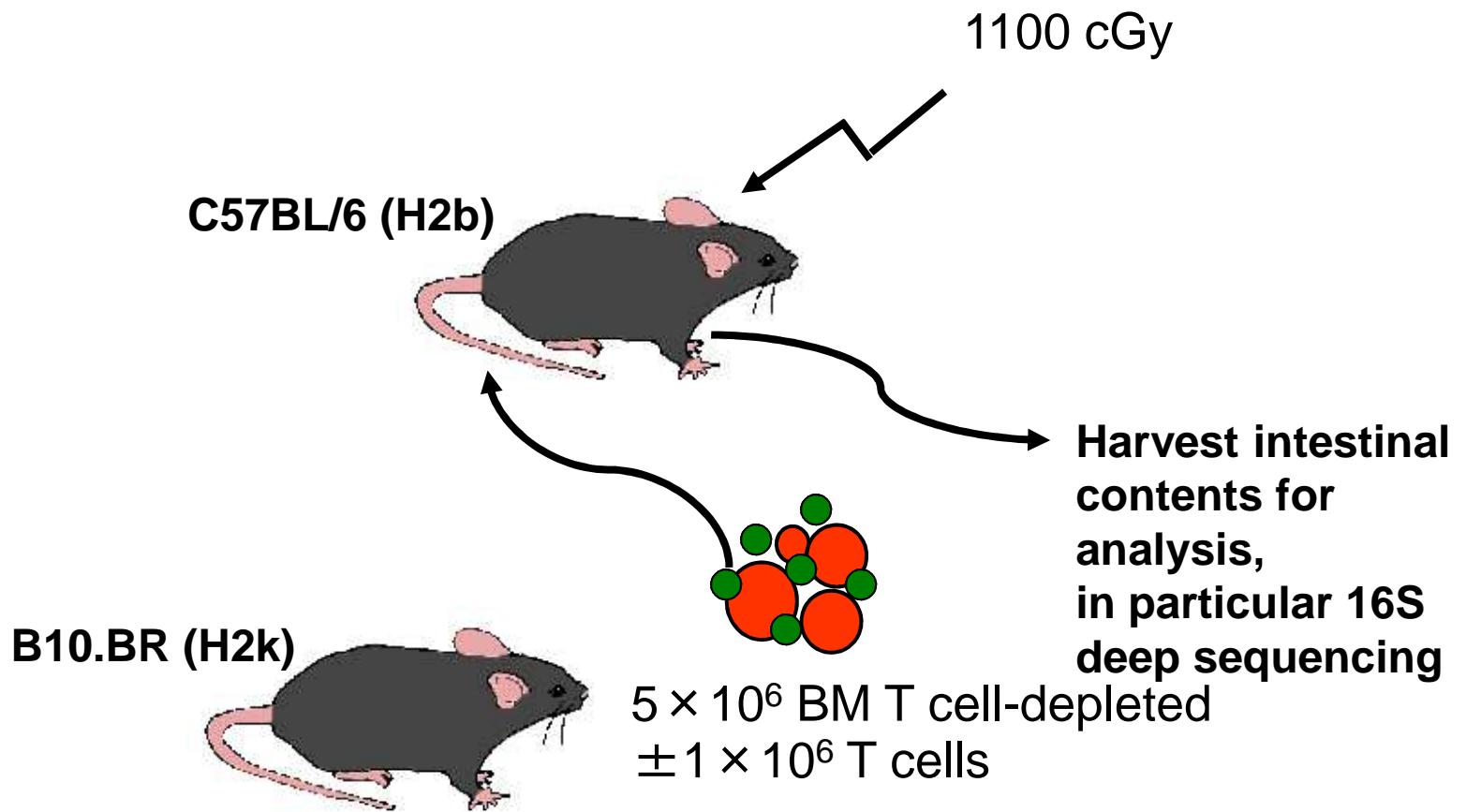


Humans

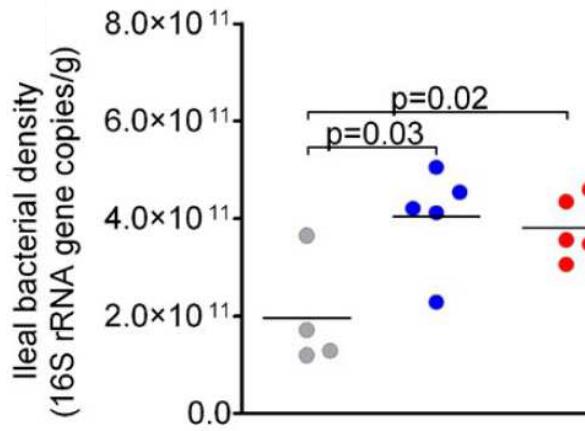


- Lactobacillales
- Other Firmicutes
- Bacteroidales
- Other Bacteria

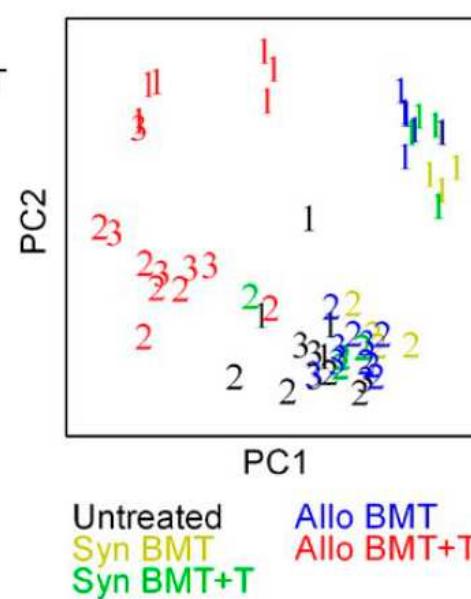
# Studying effects of GVHD on the flora: MHC-mismatched model B10BR into B6



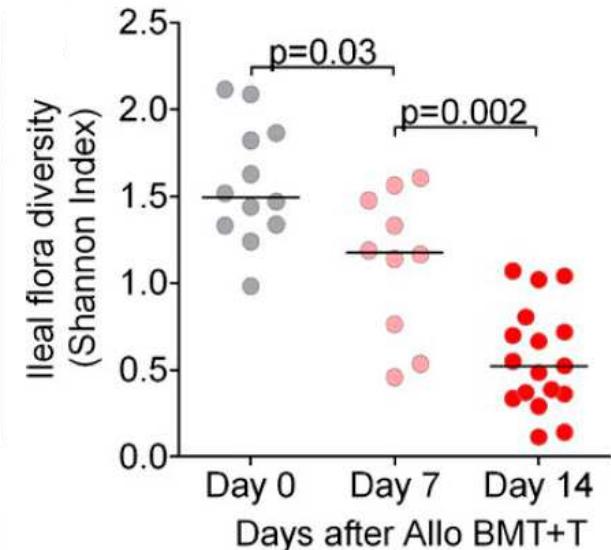
# Effects of TBI/transplant and GVHD on the microbiota



- Day 14 ileal flora bacteria density (16S qPCR)
- No difference was seen in the large bowel
- **TBI/transplant, without or with GVHD, results in a small increase in ileal flora bacterial density**



- 3 experiments indicated by number
- Day 14 ileal flora
- Unweighted UniFrac
- **TBI/transplant alone in absence of GVHD has only minor effects on the flora**

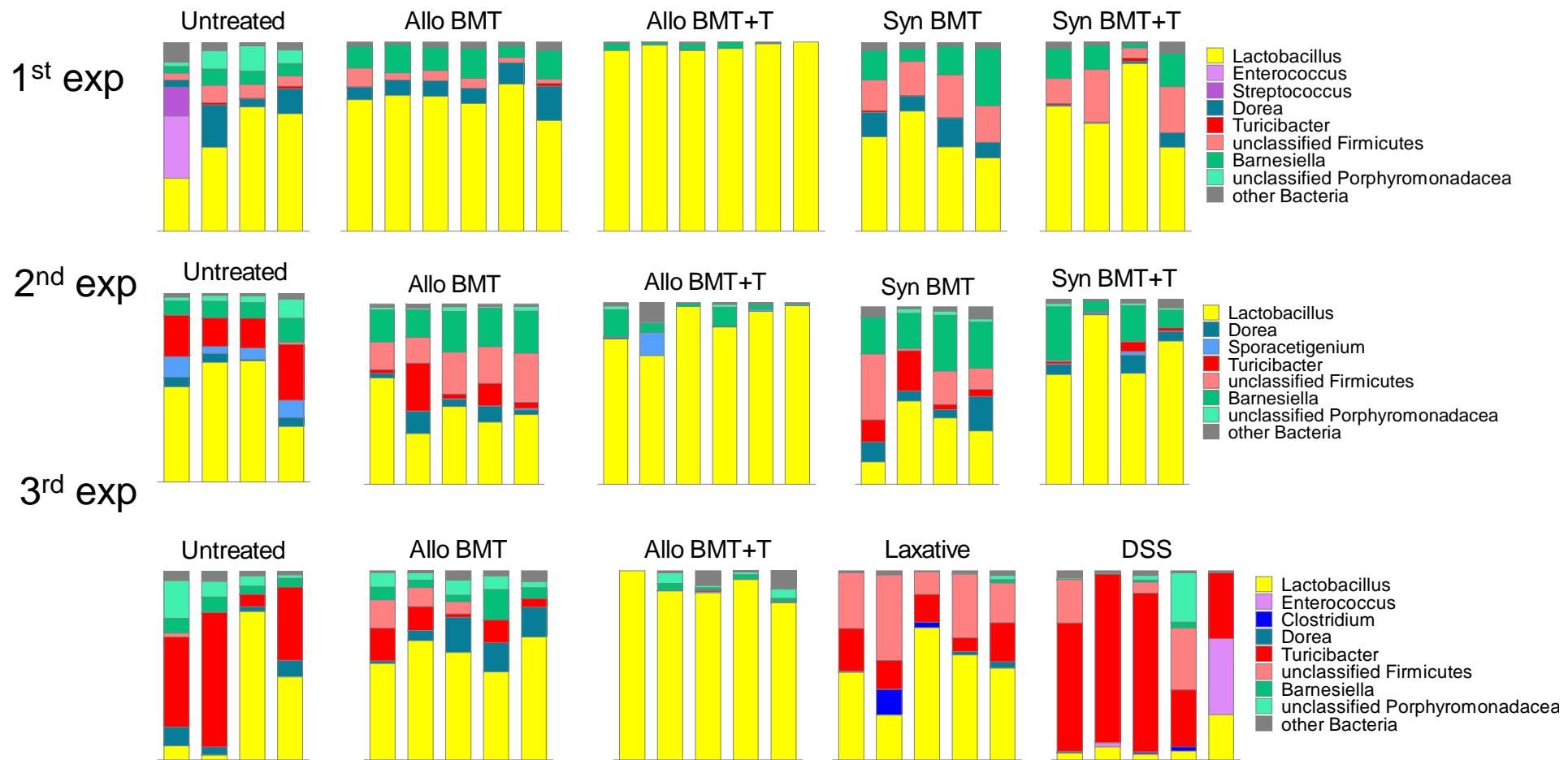


- Ileal flora diversity at indicated time points during GVHD
- **GVHD leads to reduced flora diversity**

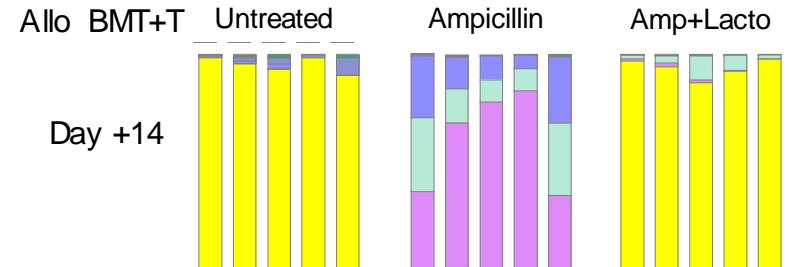
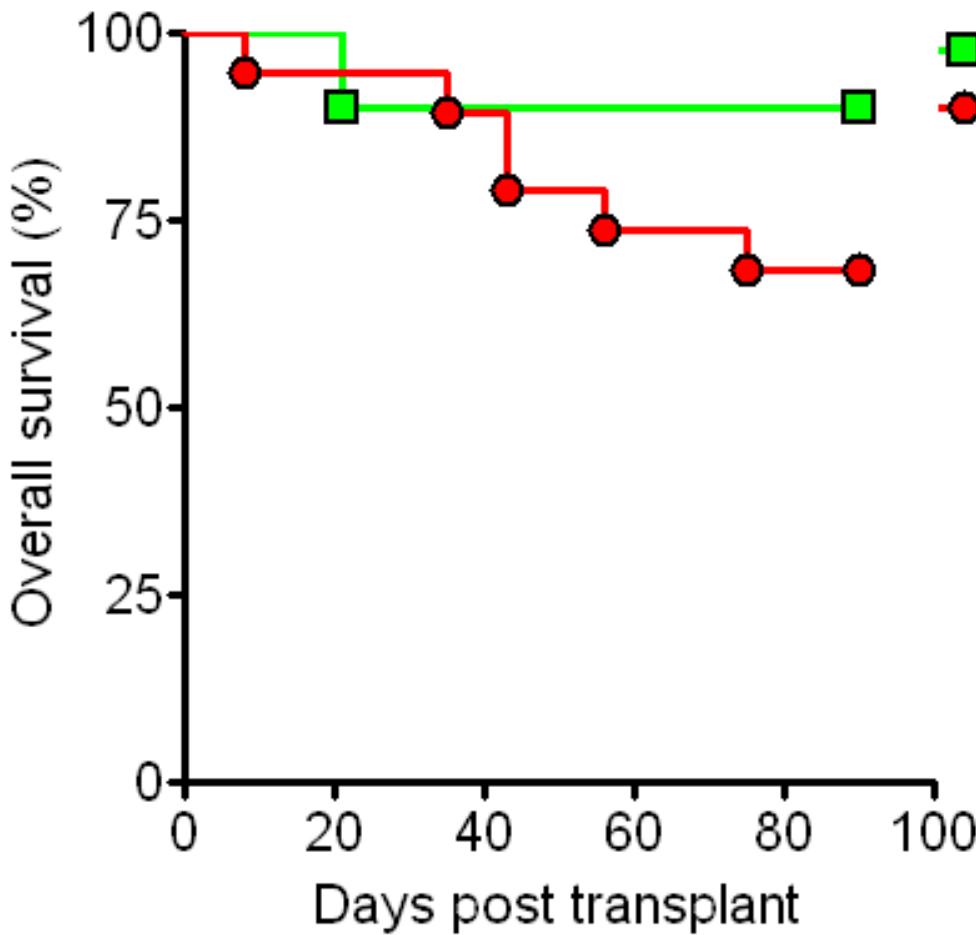
# Despite variability in baseline flora, GVHD flora “signature” is highly reproducible and distinct: expansion of Lactobacillales

B10.BR into B6

Day 14

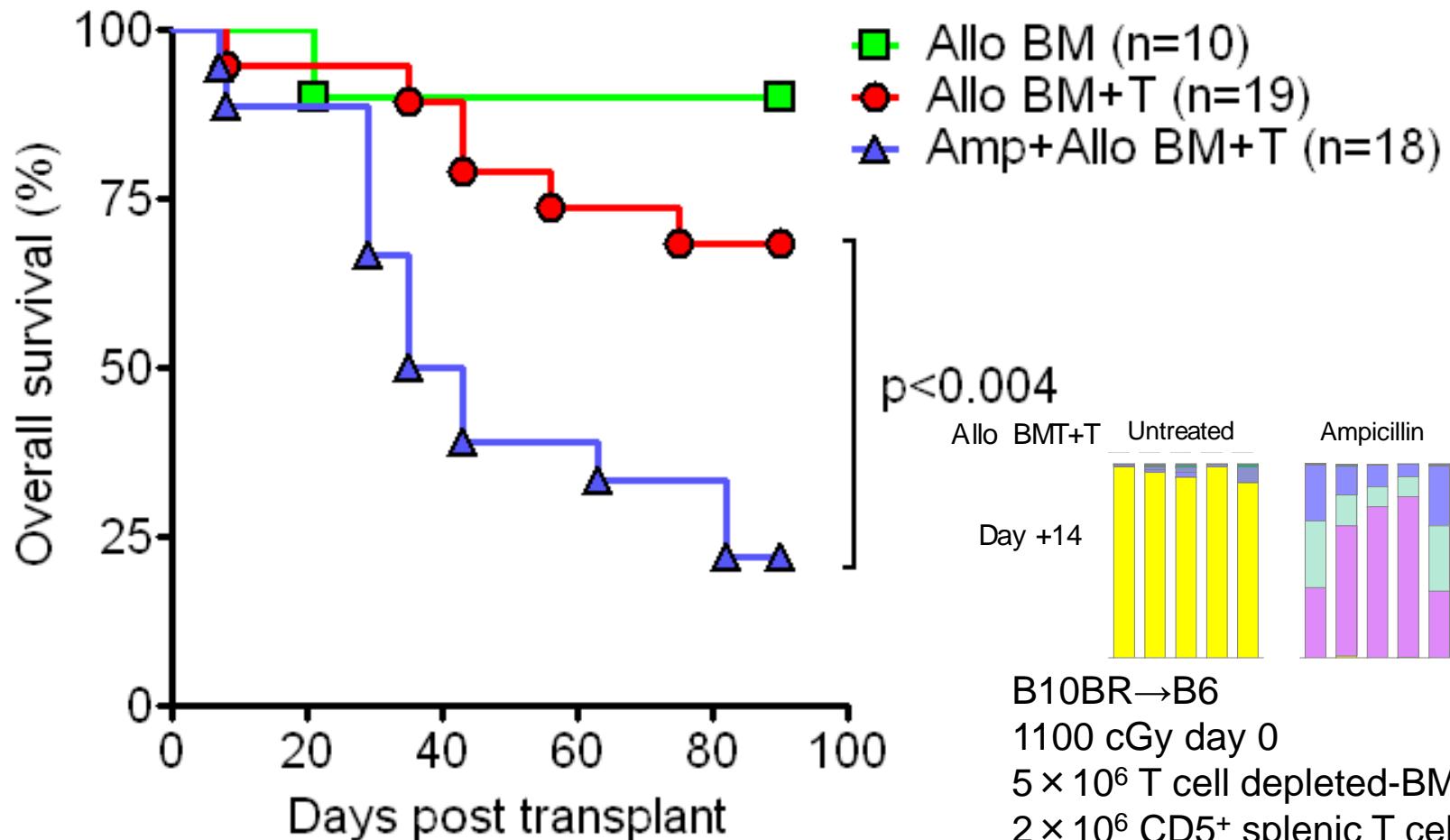


# Effects of flora manipulation pre-BMT on GVHD

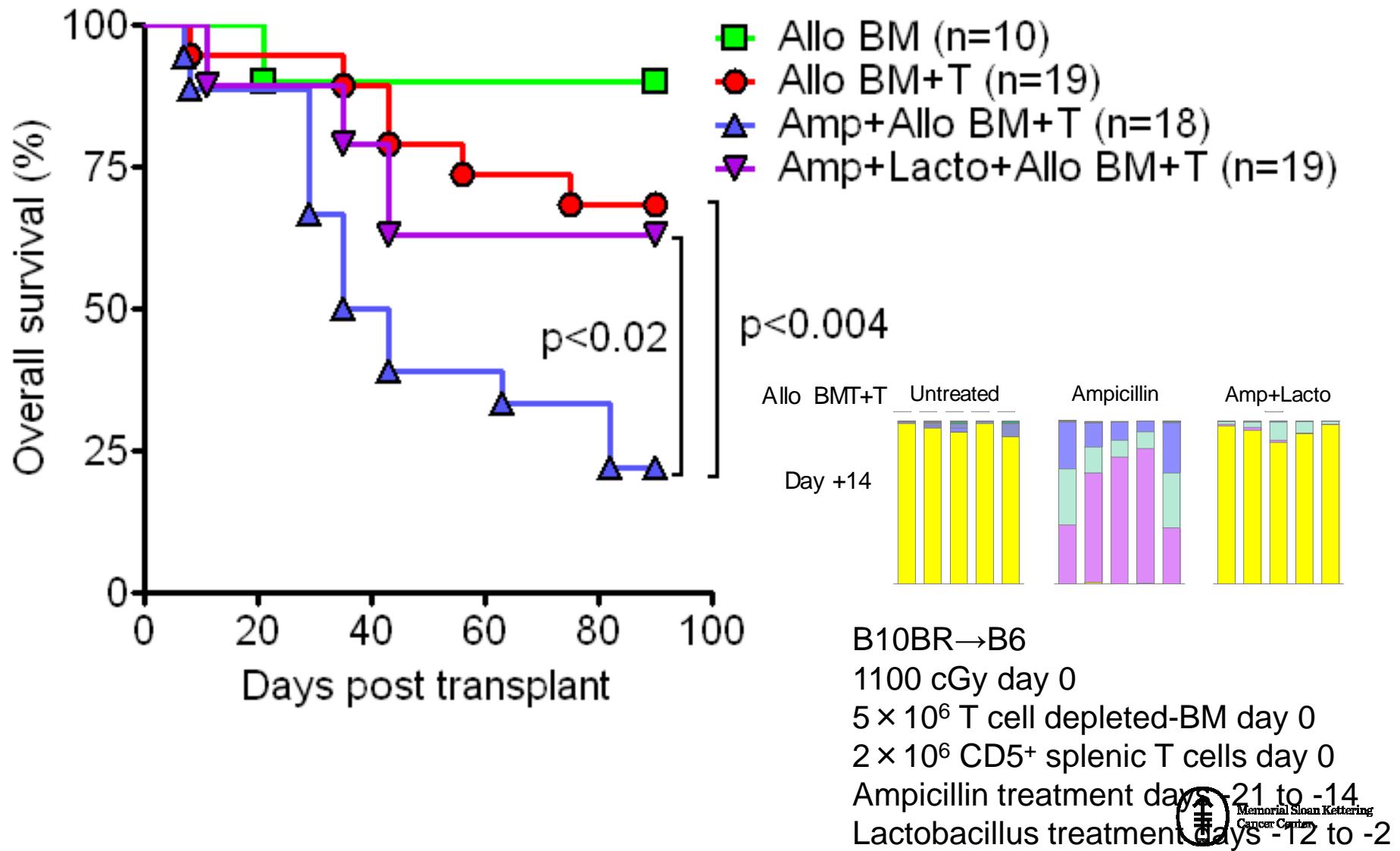


B10BR → B6  
1100 cGy day 0  
 $5 \times 10^6$  T cell depleted-BM day 0  
 $2 \times 10^6$  CD5<sup>+</sup> splenic T cells day 0

# Effects of flora manipulation pre-BMT on GVHD



# Effects of flora manipulation pre-BMT on GVHD



Does GVHD produce changes in  
humans as well as in mice?

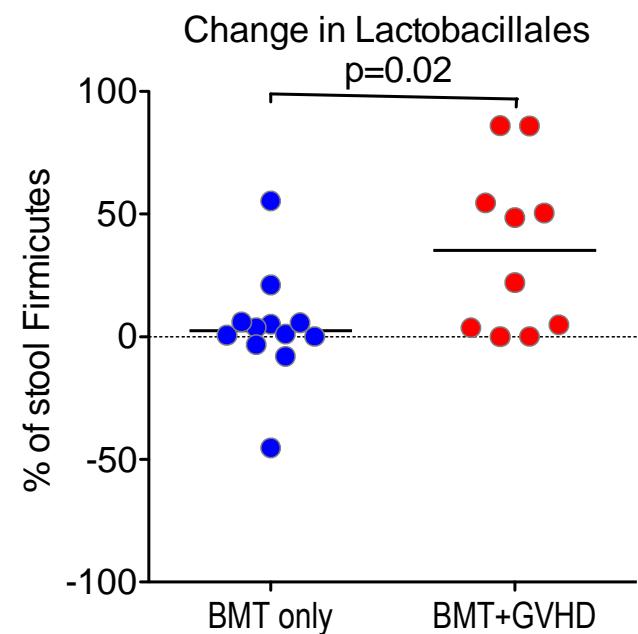
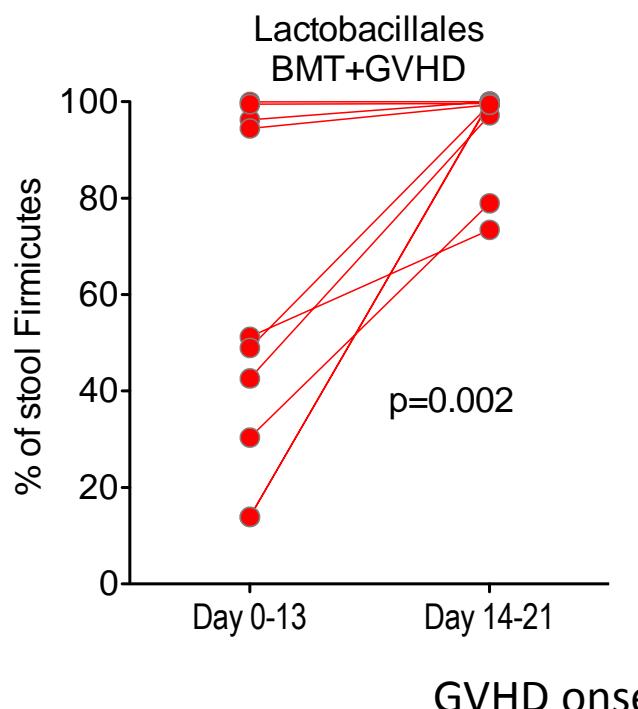
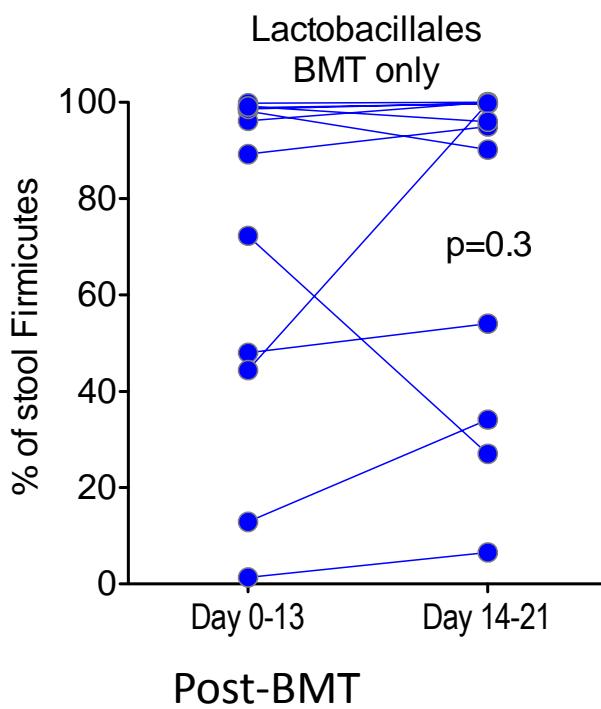
## GVHD vs non-GVHD patient selection

- 8 patients developed gut GVHD during transplant hospitalization, between days +18 to +21
- 10 control patients had no evidence for GVHD at day +100

# Patient characteristics

	non-GVHD	GvHD
Total patients	10	8
Male	4 (40%)	4 (50%)
Female	6 (60%)	4 (50%)
Median age (range)	58 (32-70)	52 (26-64)
Peripheral blood stem cell transplant	4 (40%)	2 (25%)
Cord blood stem cell transplant	6 (60%)	6 (75%)
Myeloablative conditioning	7 (70%)	7 (87.5%)
Non-myeloablative conditioning	3 (30%)	1 (12.5%)
NHL	2 (20%)	3 (37.5%)
Leukemia/MDS/MPD	8 (80%)	5 (62.5%)
Received therapy for febrile neutropenia	10 (100%)	8 (100%)
Received vancomycin	10 (100%)	8 (100%)
Received fluoroquinolone	5 (50%)	5 (62.5%)
Received metronidazole	2 (20%)	2 (25%)

# Human GVHD increases Lactobacillales representation within stool Firmicutes

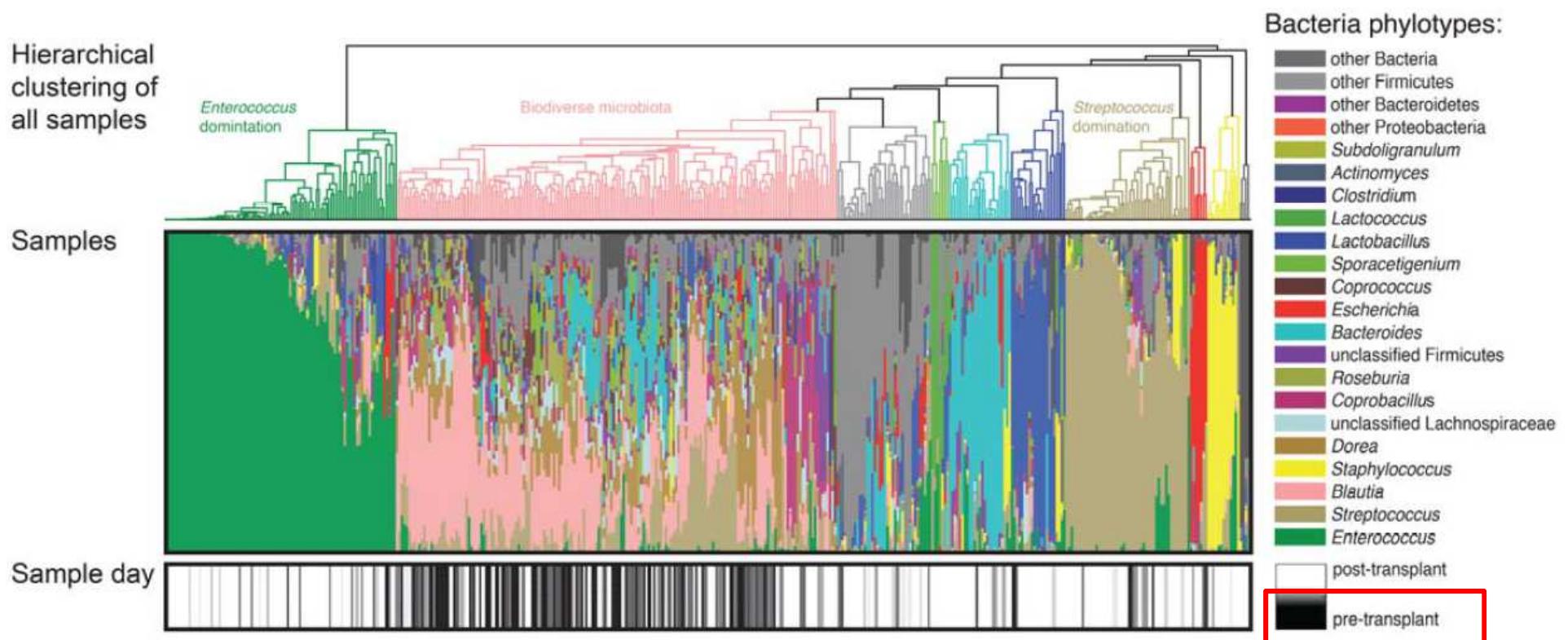


18 recipients of T-cell replete allo BMT  
8 developed GVHD ~D21, and 10 did not  
Analysis of stool flora composition before and after onset of GVHD symptoms

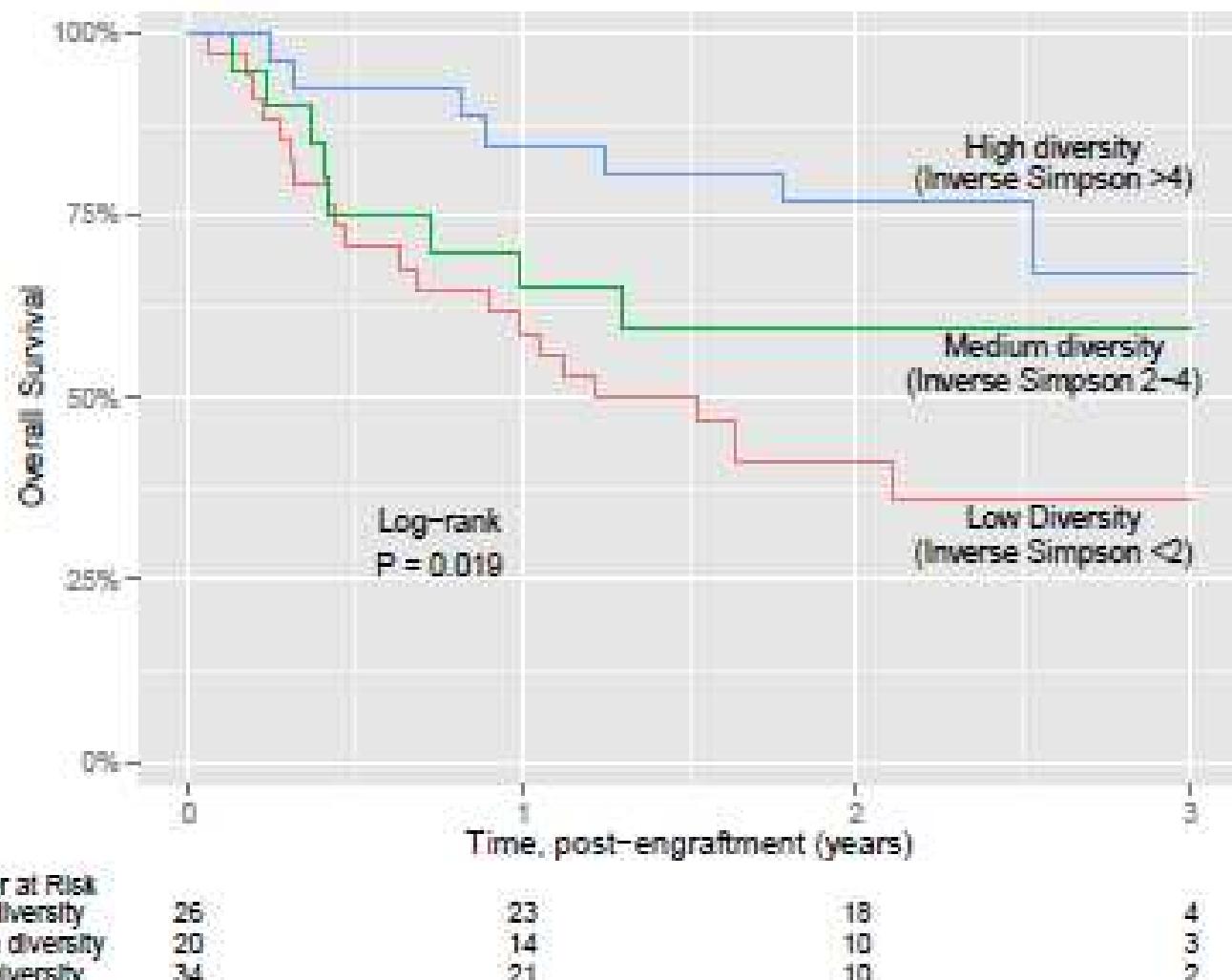
Jenq, et al., J Exp Med, 2012

**Are there changes in in the intestinal microflora that can predict the risk for GVHD?**

# Hierarchical clustering of allo-BMT patient samples shows biodiverse flora pre-transplant, followed by marked changes following transplant



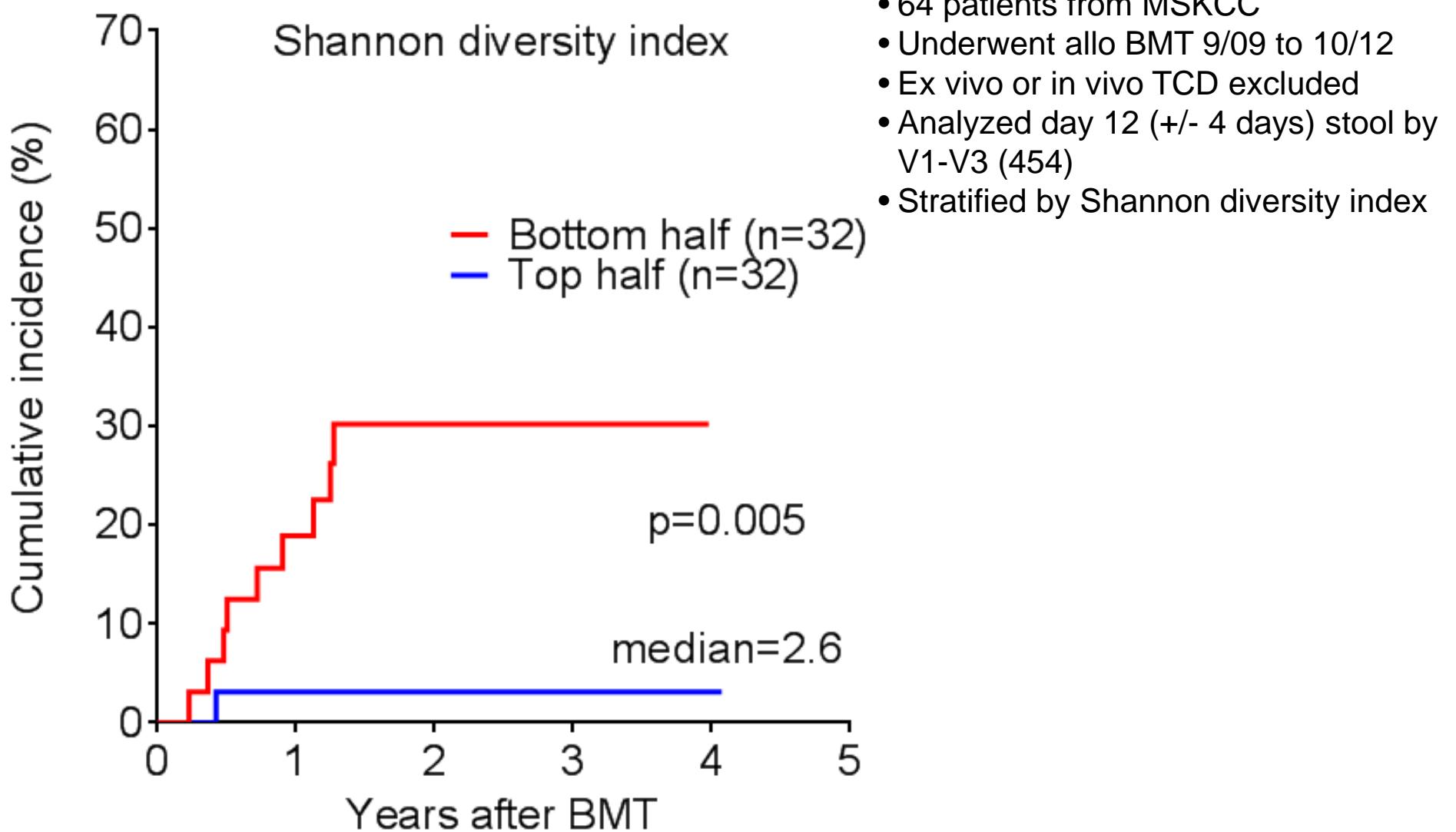
# Decreased overall survival is associated with low diversity of intestinal microbial flora



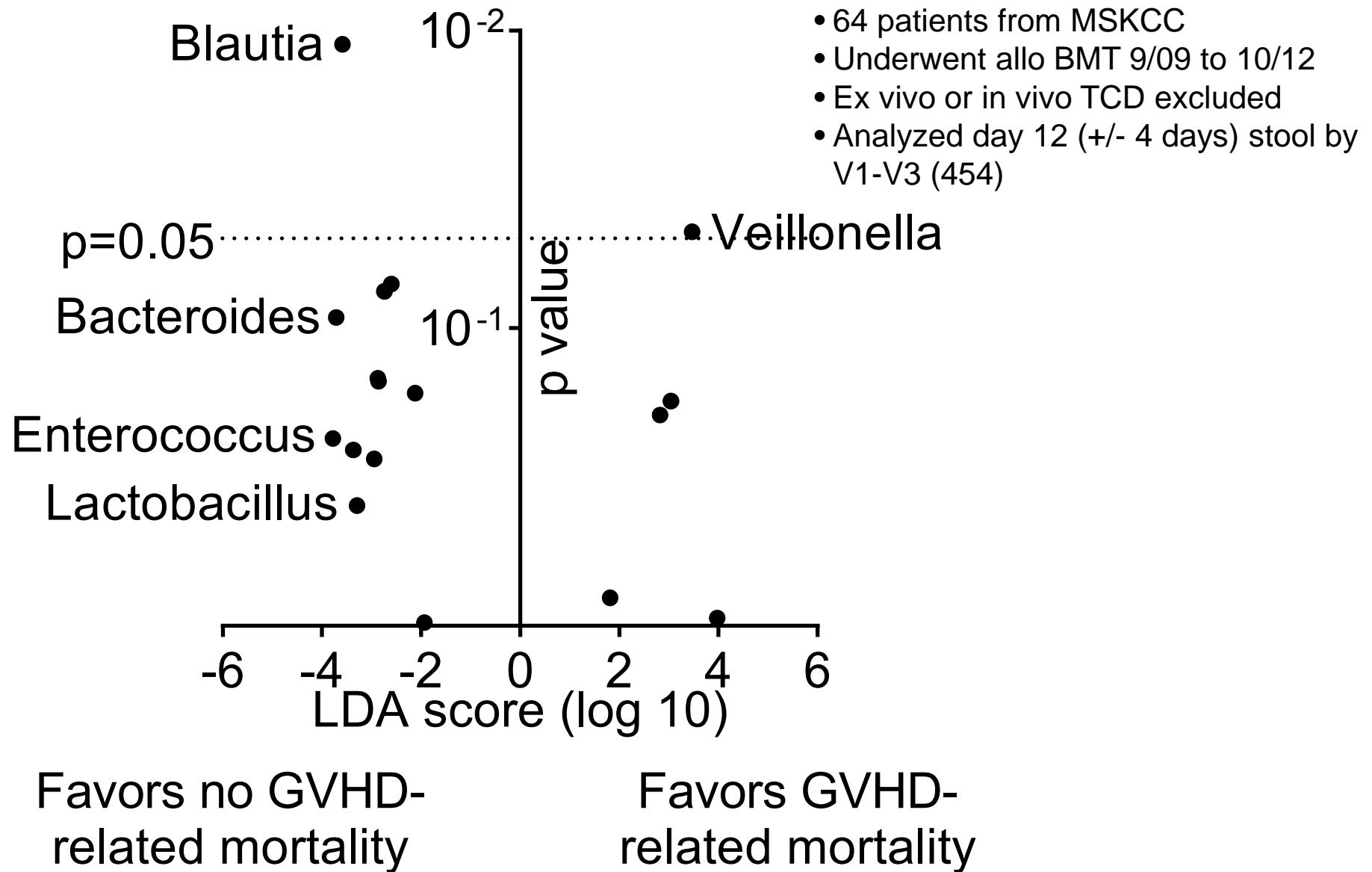
# Diversity is associated with protection from lethal GVHD

- 64 patients from MSKCC
- Underwent allo BMT 9/09 to 10/12
- Ex vivo or in vivo TCD excluded
- Analyzed day 12 (+/- 4 days) stool by V1-V3 (454)
- Stratified by Shannon diversity index

# Intestinal flora diversity is associated with protection from lethal GVHD



# Bacterial genus associated with protection from lethal GVHD



# Bacterial genus Blautia

- Named in 2008 in honor of Michael Blaut, a German microbiologist who studied human gut flora
- Group of species formerly classified as Clostridium or Ruminococcus
- Gram-positive, non-motile, coccoid or oval-shaped, obligately anaerobic
- Generally sensitive to vancomycin and metronidazole

# Unbiased approach: Do any bacterial subgroups impact on risk for gut GVHD?

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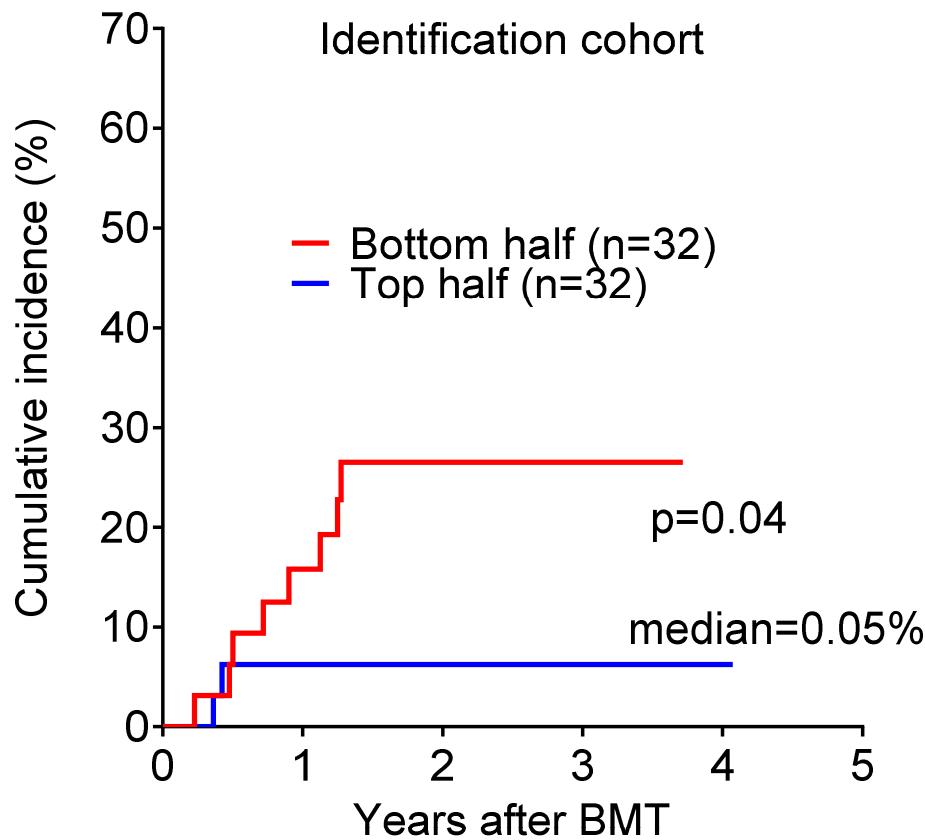
- 64 adult patients transplanted from 9/09 to 10/12
- Evaluable for gut GVHD (survival until day 30, engrafted)
- 41% high-risk, 41% intermediate-risk, 17% low-risk
- 46% acute leukemia, 44% NHL
- 22% ablative, 42% reduced intensity, 36% nonablative
- 58% unmodified peripheral blood, 39% double cord blood
- Stool sample closest to BMT day 10, +/- 4 days
- Analyzed for abundance of bacterial subgroups, by 16S rRNA gene sequencing

# Second cohort

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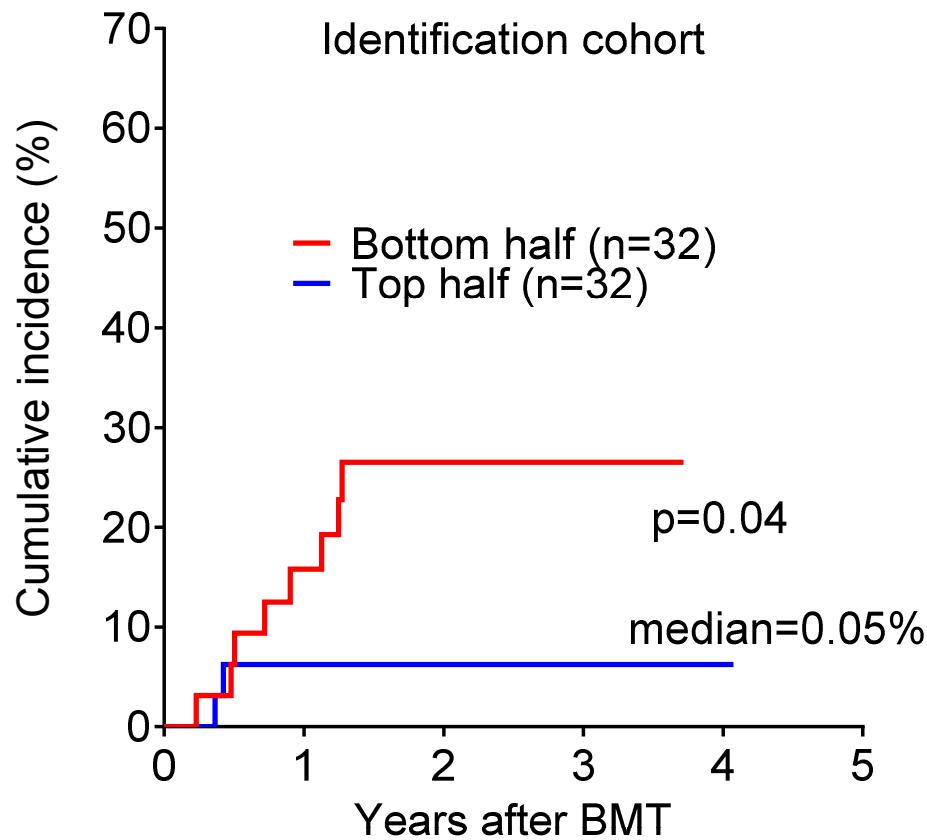
- 51 adult patients transplanted from 8/11 to 8/13
- 34% high-risk, 30% intermediate-risk, 36% low-risk
- 56% acute leukemia, 34% NHL
- 18% ablative, 48% reduced intensity, 34% nonablative
- 60% unmodified peripheral blood, 36% double cord blood
- Evaluable for gut GVHD (survival until day 30, engrafted)
- Stool sample closest to BMT day 10, +/- 4 days
- Analyzed for abundance of bacterial subgroups, by 16S gene sequencing

# Evaluating predictive power of Blautia abundance for lethal GVHD

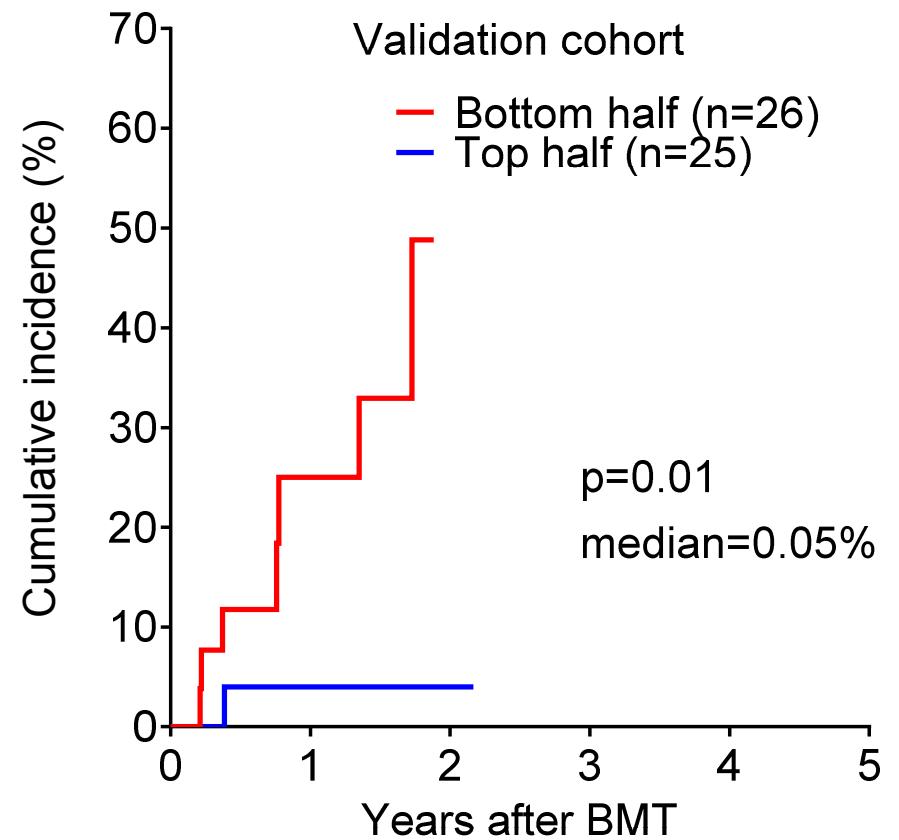


- 64 patients from MSKCC
- Underwent allo BMT 9/09 to 10/12
- Analyzed by V1-V3 (454)

# Evaluating predictive power of Blautia abundance for lethal GVHD

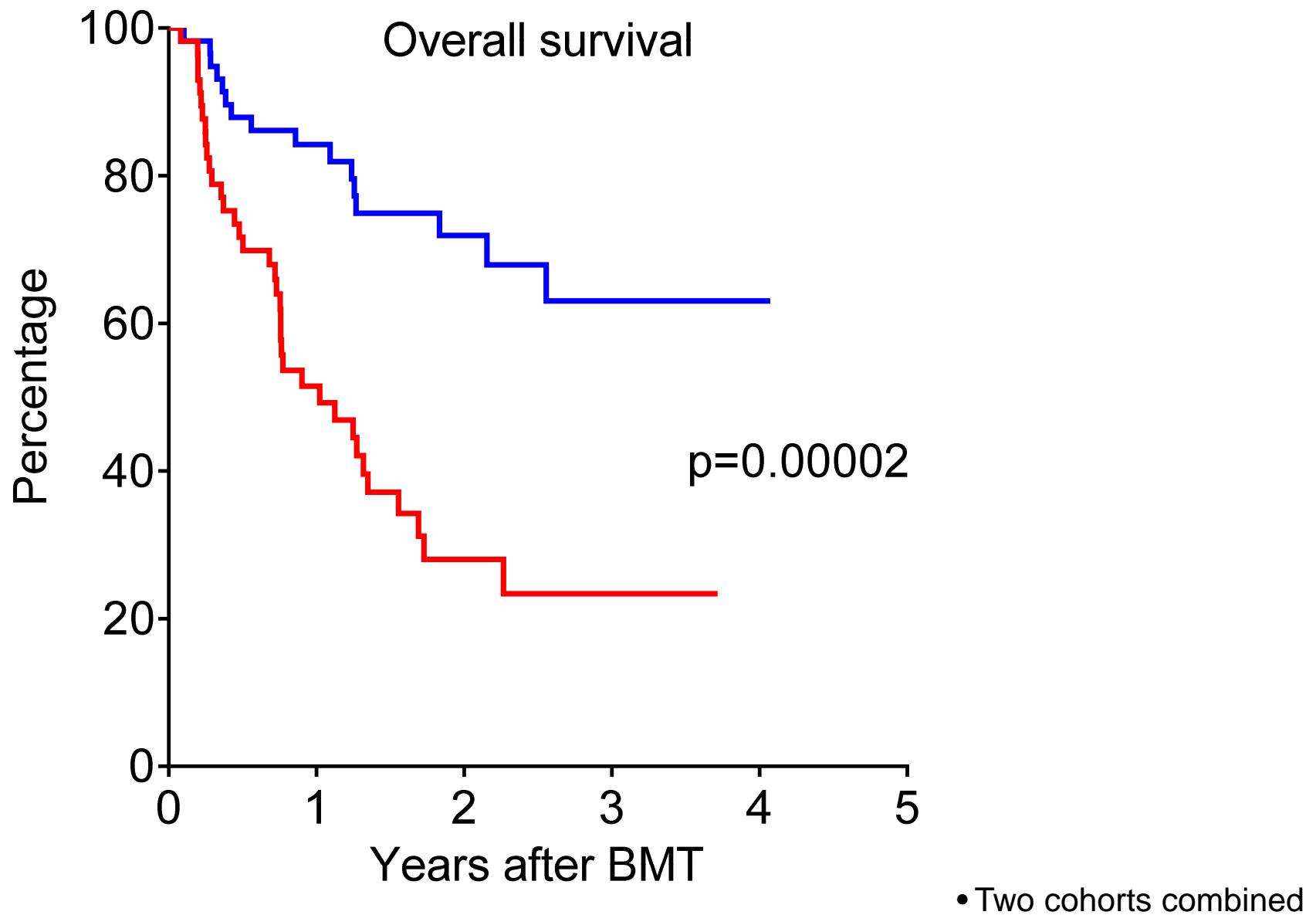


- 64 patients from MSKCC
- Underwent allo BMT 9/09 to 10/12
- Analyzed by V1-V3

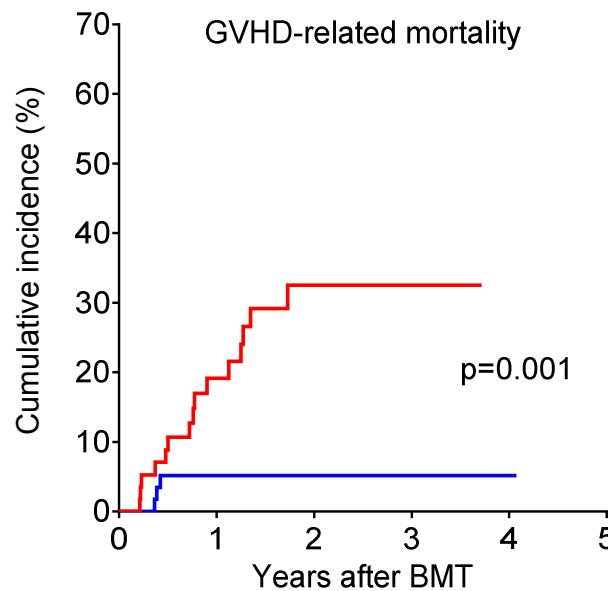
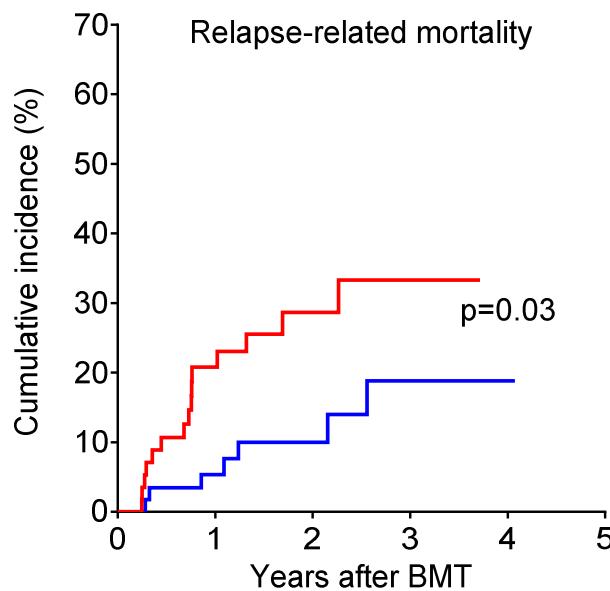
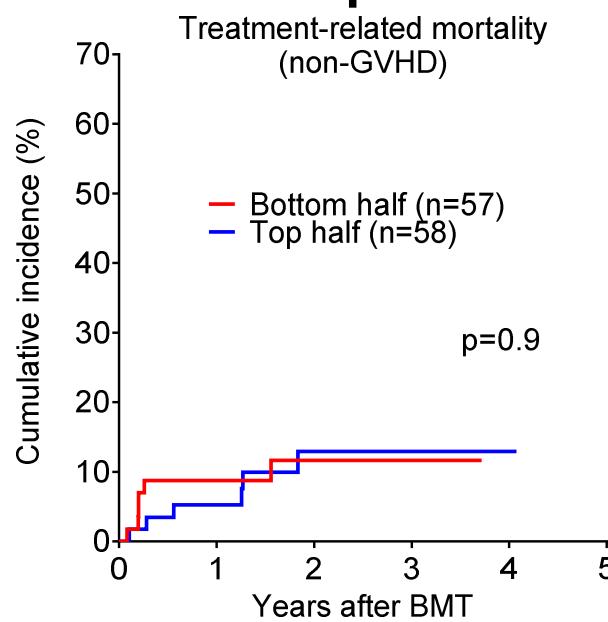
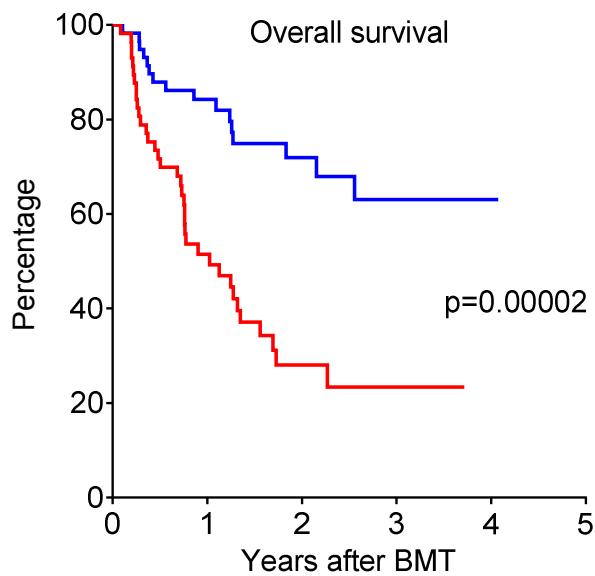


- 51 patients from MSKCC
- Underwent allo BMT 8/11 to 8/13
- Analyzed by V4-V5

# Blautia is associated with improved outcomes



# Blautia is associated with improved outcomes

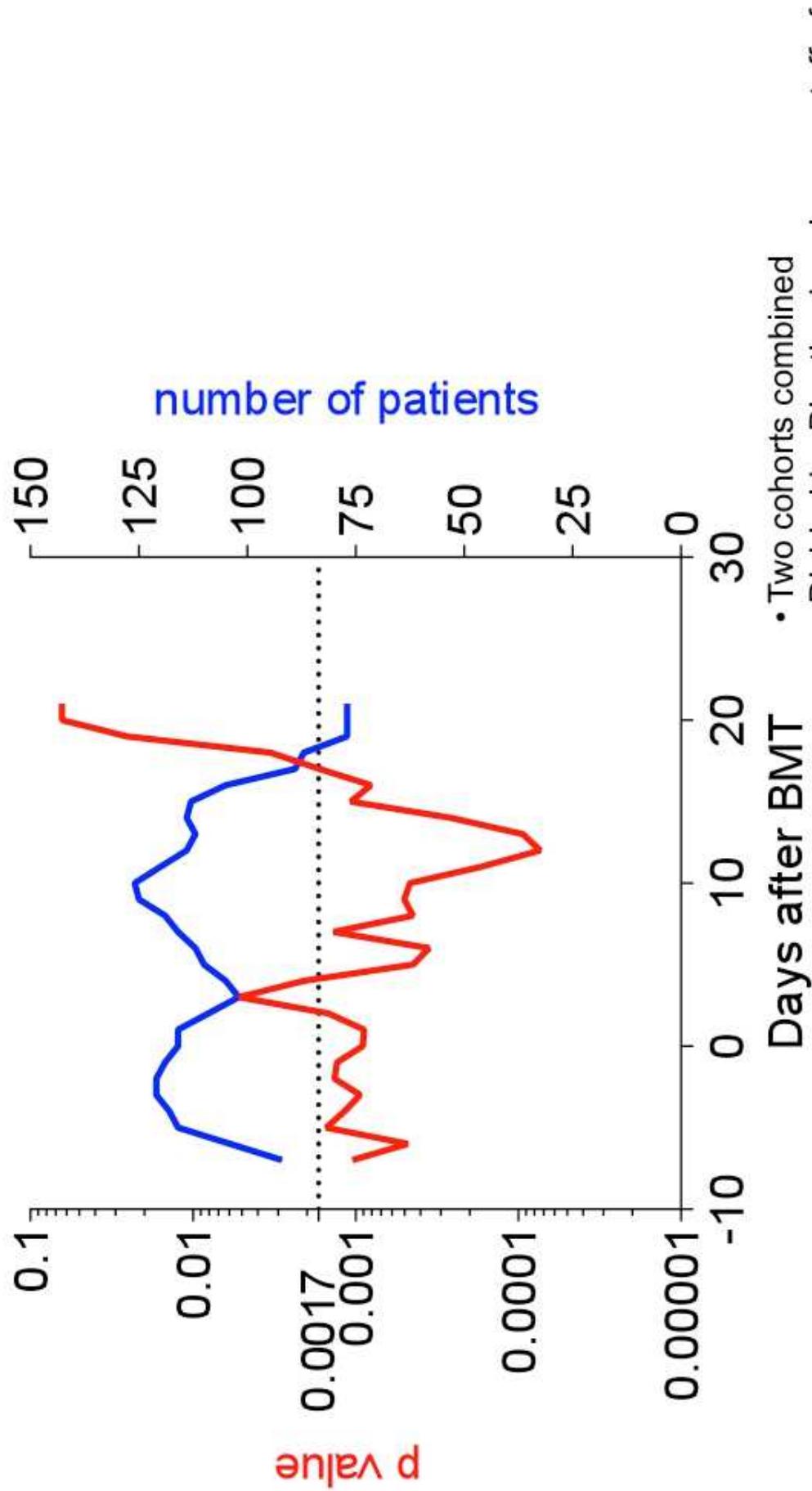


• Two cohorts combined

# Blautia's ability to predict GVHD-related mortality – when to look?

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# Blautia is most predictive for reduced lethal GVHD shortly after day 10



- Two cohorts combined
- Divided by Blautia abundance cutoff of 0.0001 (bottom tertile)
- p value cutoff of 0.0017 using Bonferroni correction for multiple comparisons (30)

# Do known GVHD risk factors impact on Blautia abundance?

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- MUD vs MRD:
- Patient race: W/B vs Asian:
- CMV neg/neg vs any positive:
- Donor gender: M vs F:
- Donor/recipient gender: F/M vs non-F/M:
- Performance status: <90 vs 90-100: p=

Acknowledgement: Sean Devlin



# Do known GVHD risk factors impact on Blautia abundance?

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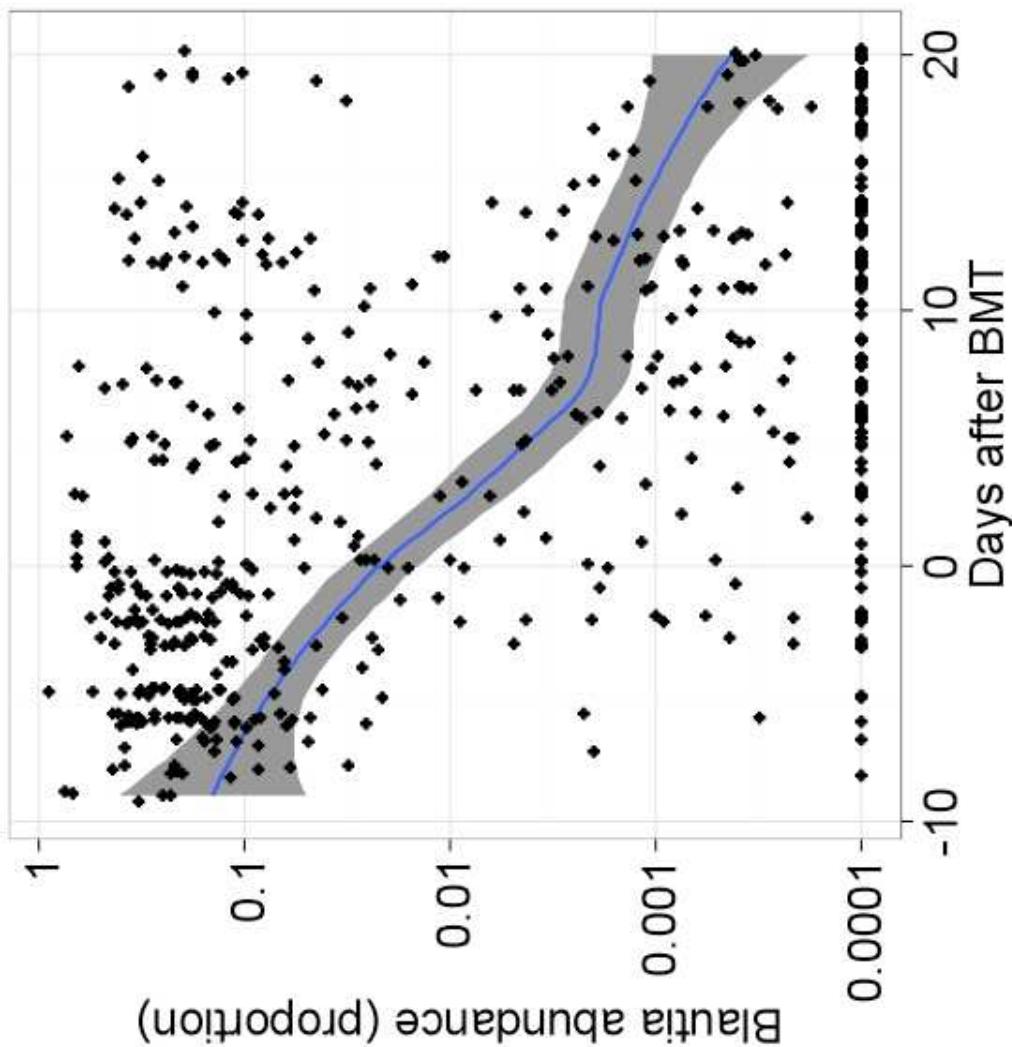
- MUD vs MRD: **p=0.62**
- Patient race: W/B vs Asian: **p=0.69**
- CMV neg/neg vs any positive: **p=0.93**
- Donor gender: M vs F: **p=0.24**
- Donor/recipient gender: F/M vs non-F/M: **p=0.85**
- Performance status: <90 vs 90-100: **p=0.62**

Acknowledgement: Sean Devlin

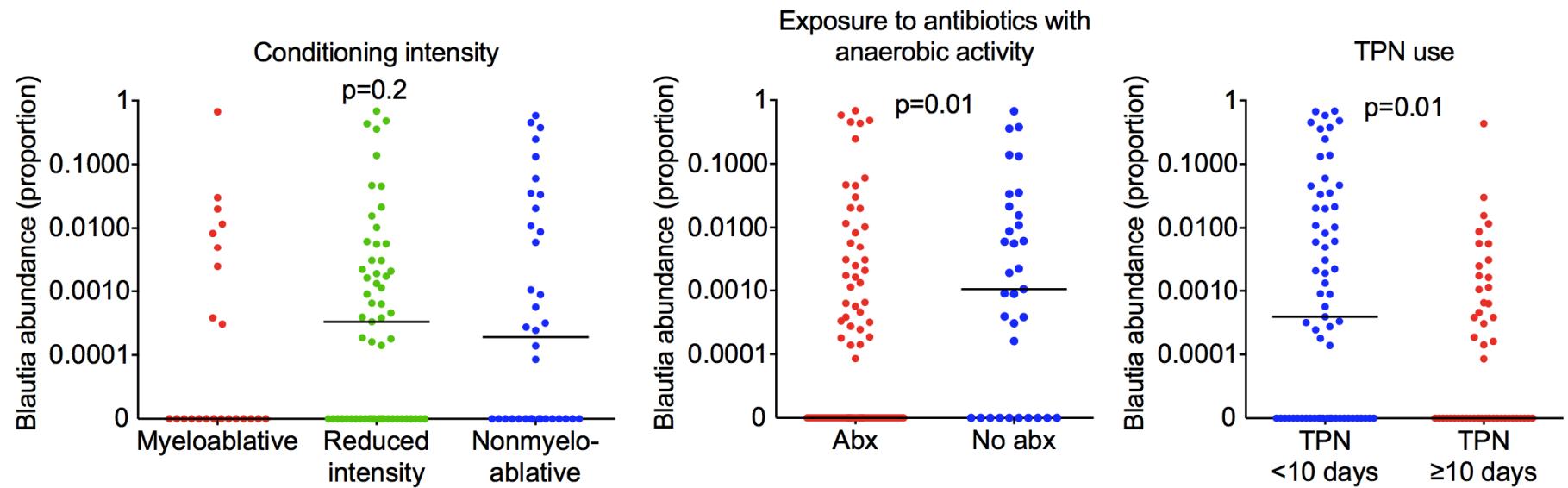


# Blautia is abundant on admission but rapidly declines

- Two cohorts combined
- Blautia abundance trend
- 95% confidence intervals shown in gray

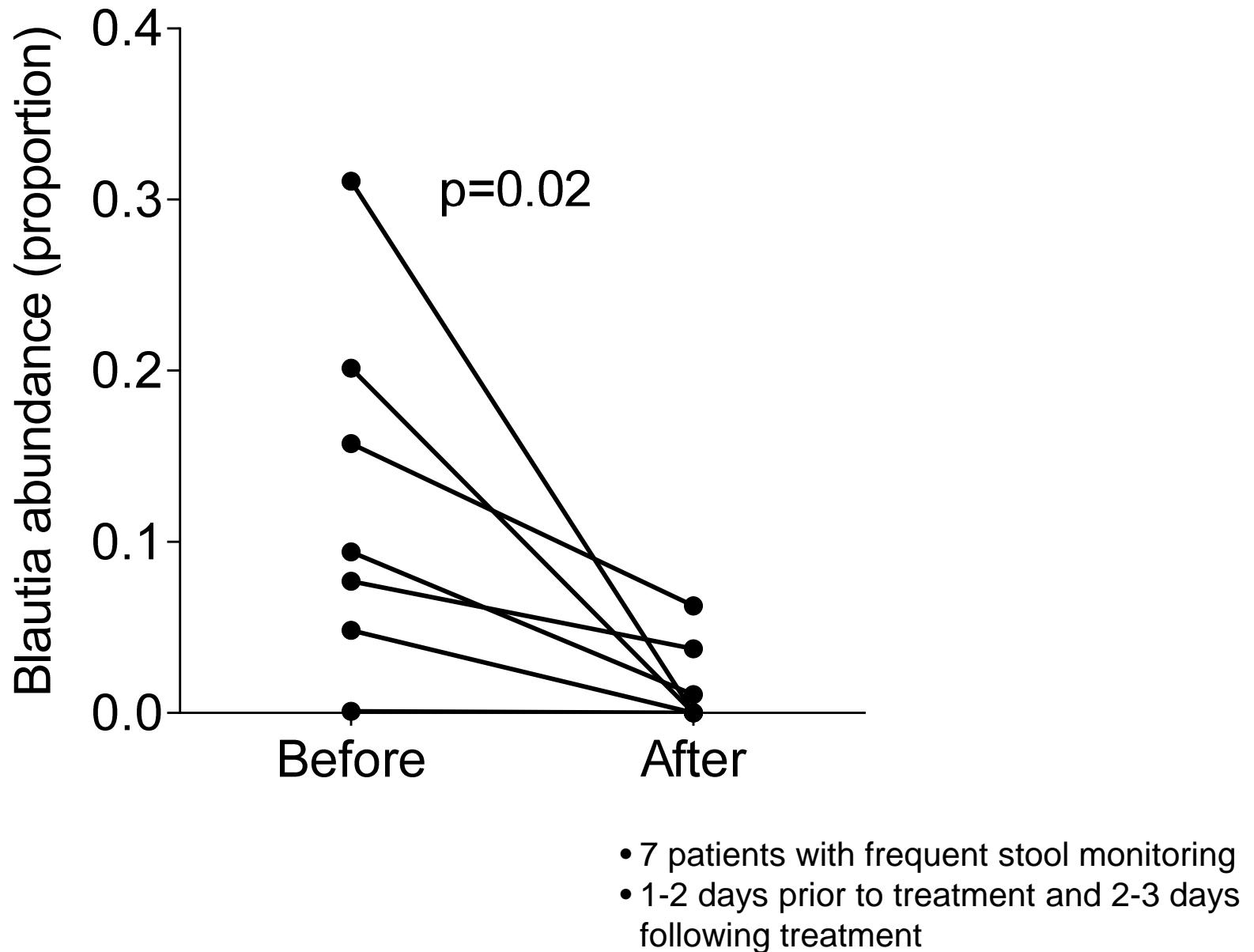


# Determinants of Blautia abundance: exposure to anaerobic antibiotics and TPN use

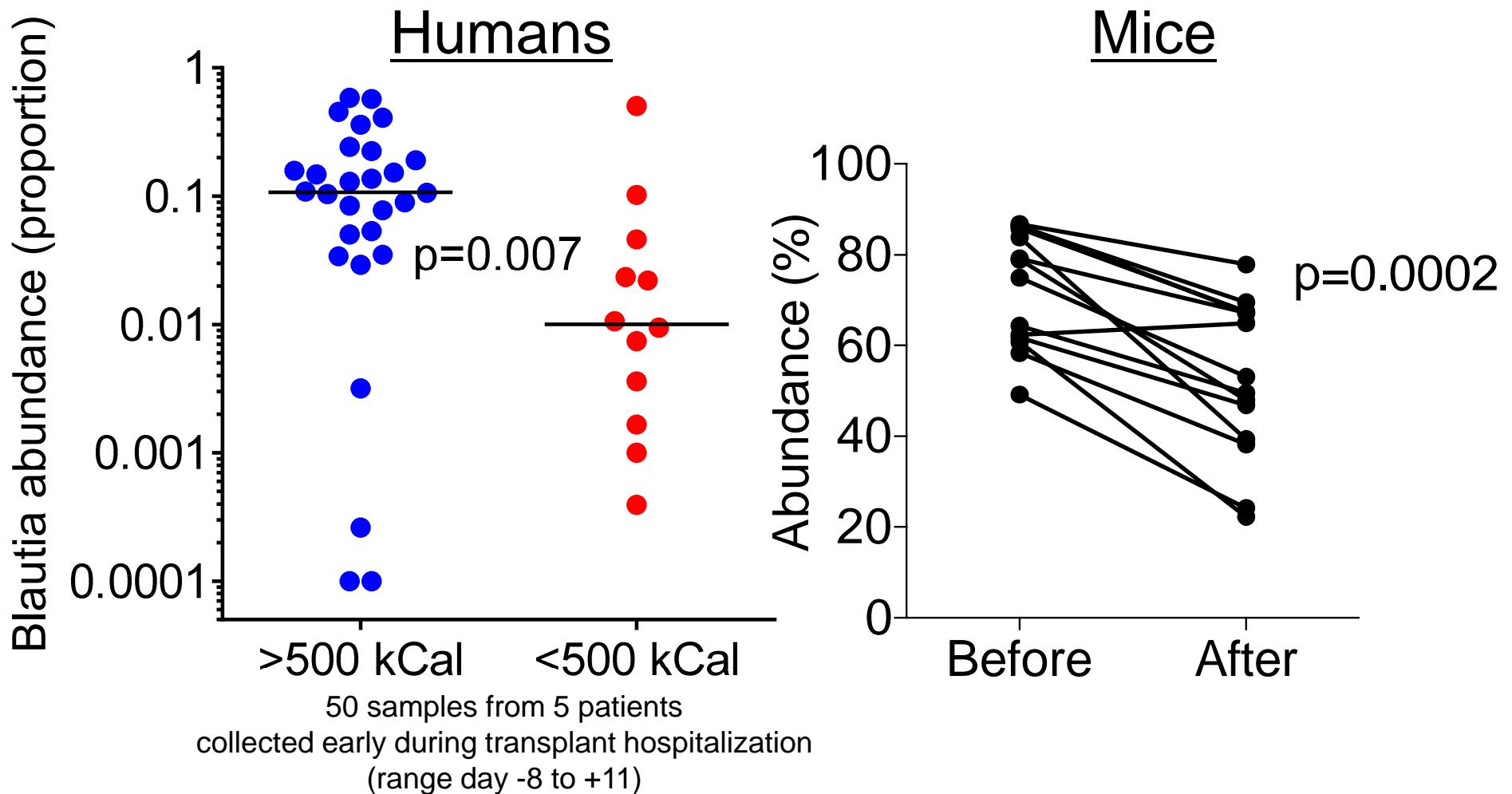


•Two cohorts combined

# Blautia is reduced upon exposure to anaerobic antibiotics



# Reduced caloric intake leads to loss of Blautia and Clostridiales

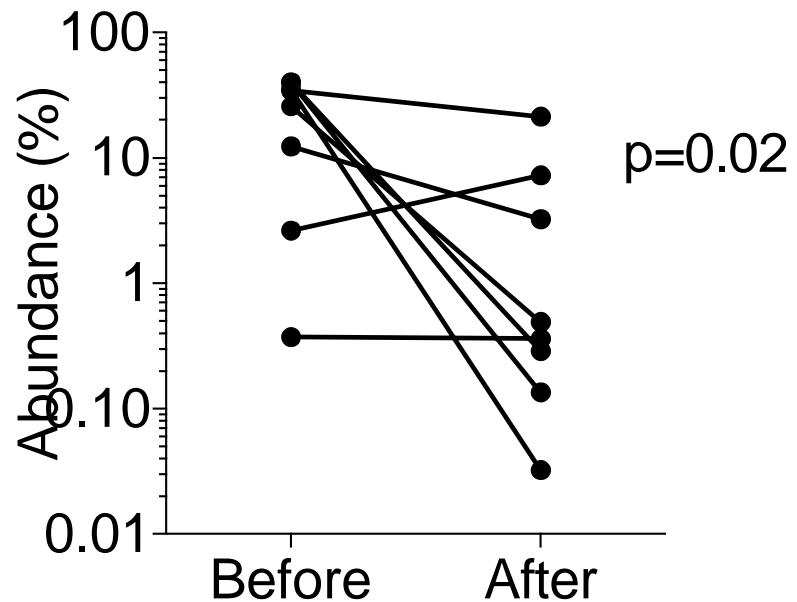


Acknowledgements: Tatanisha Peets and Melissa Lumish

# Effects of GVHD on Blautia and Clostridiales

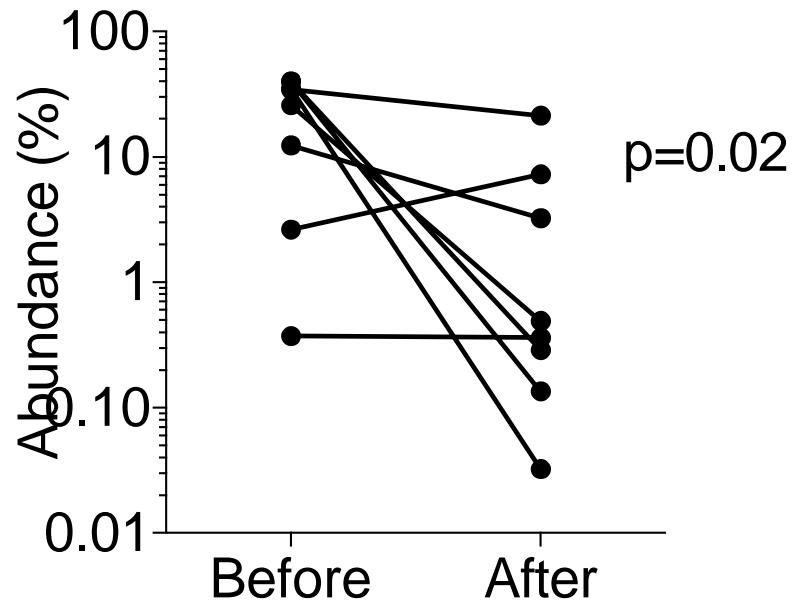
# Effects of GVHD on Blautia and Clostridiales

## Humans

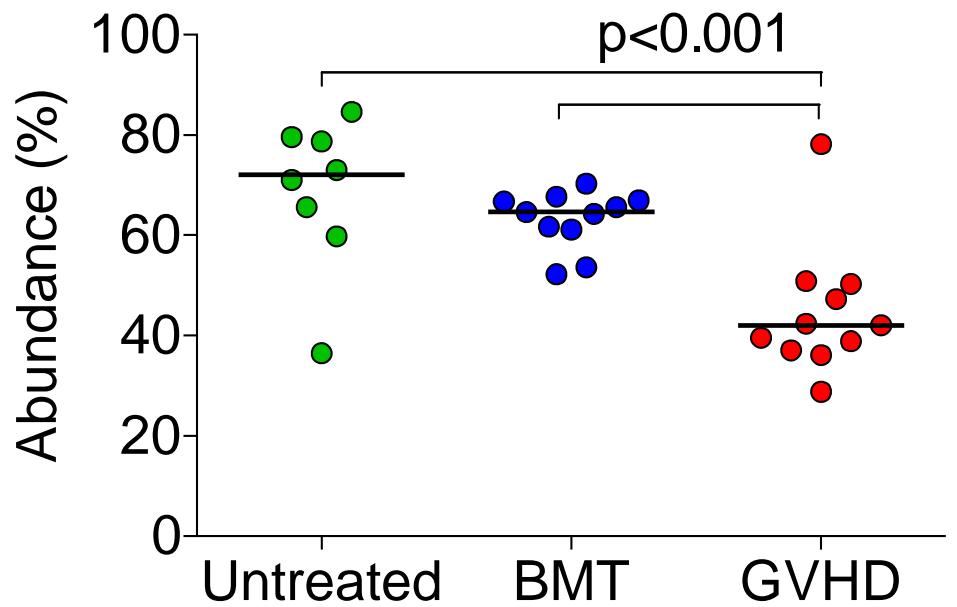


# Effects of GVHD on Blautia and Clostridiales

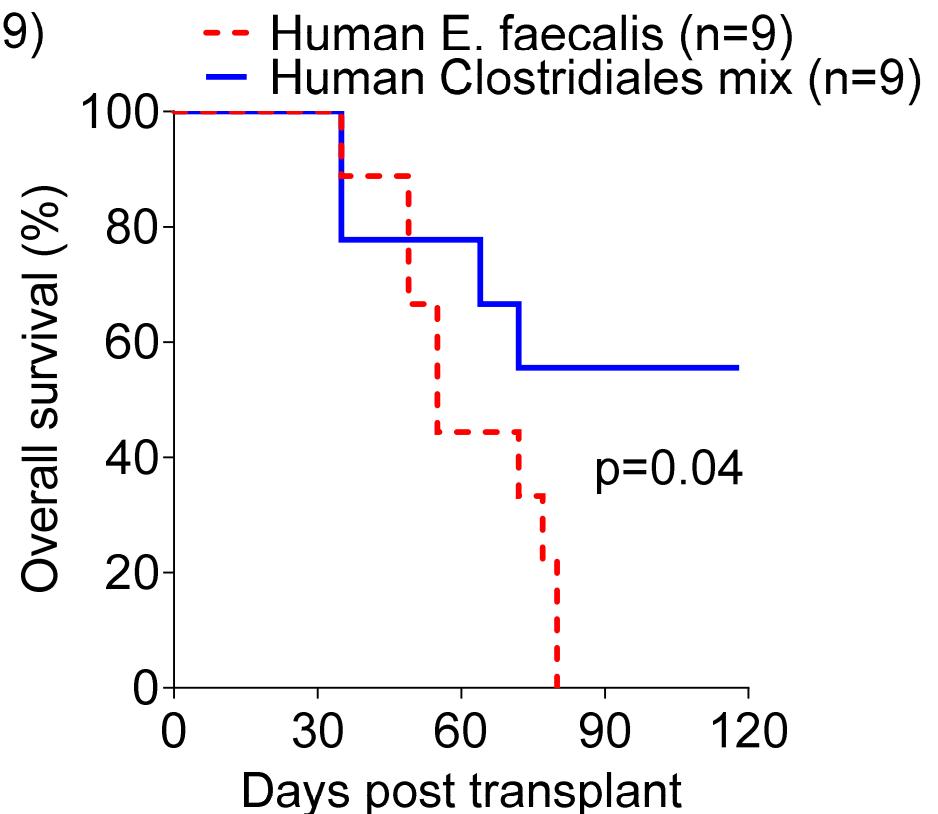
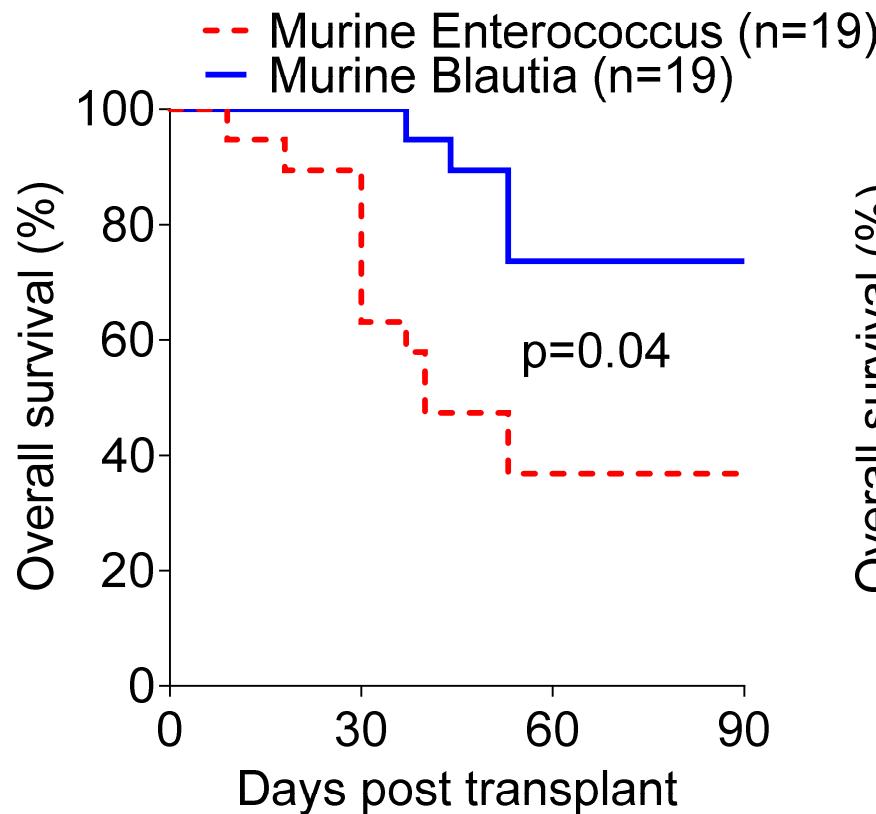
Humans



Mice



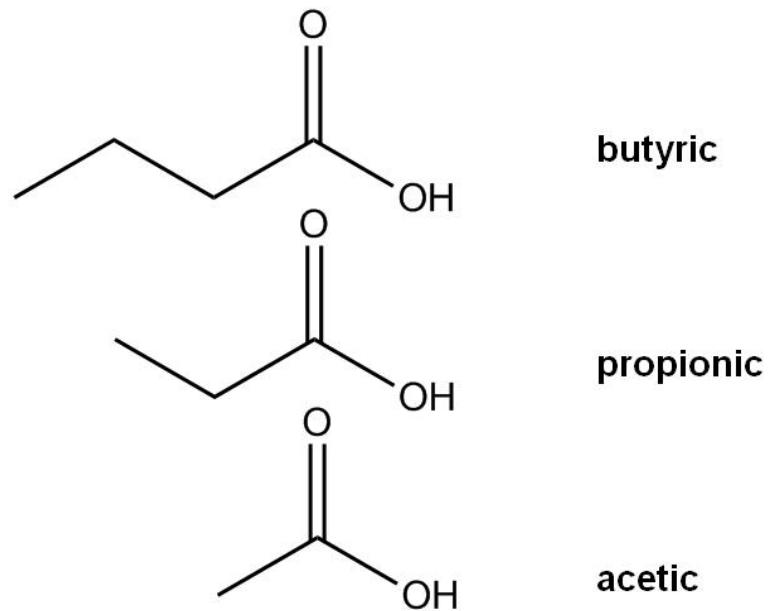
# Bacterial re-introduction after microbiota injury reduces experimental GVHD



- Two experiments
- B10.BR into B6, BM + T
- Mice treated pre-BMT with cocktail of abx and indicated bacteria by gavage twice
- Acknowledgement: Silvia Caballero

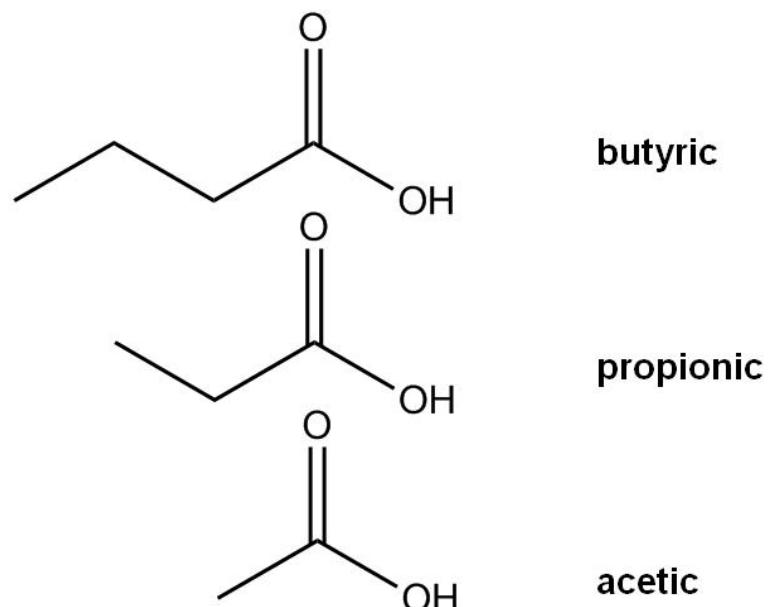
- Single experiment
- B10.BR into B6, BM + T
- Mice treated pre-BMT with cocktail of abx and indicated bacteria by gavage twice
- Acknowledgement: Kenya Honda

# Possible anti-inflammatory mechanism of Blautia

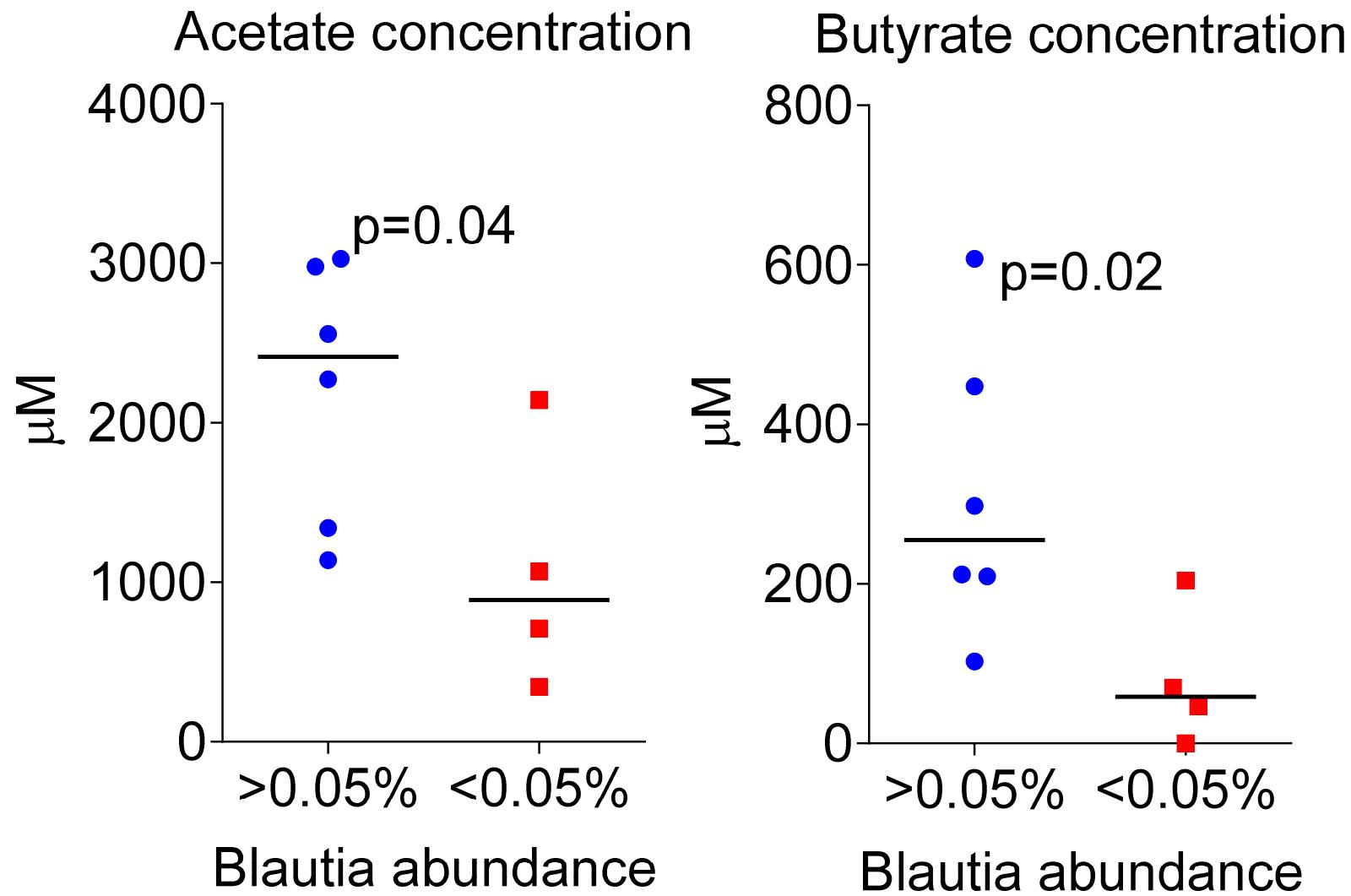


# Possible anti-inflammatory mechanism of Blautia

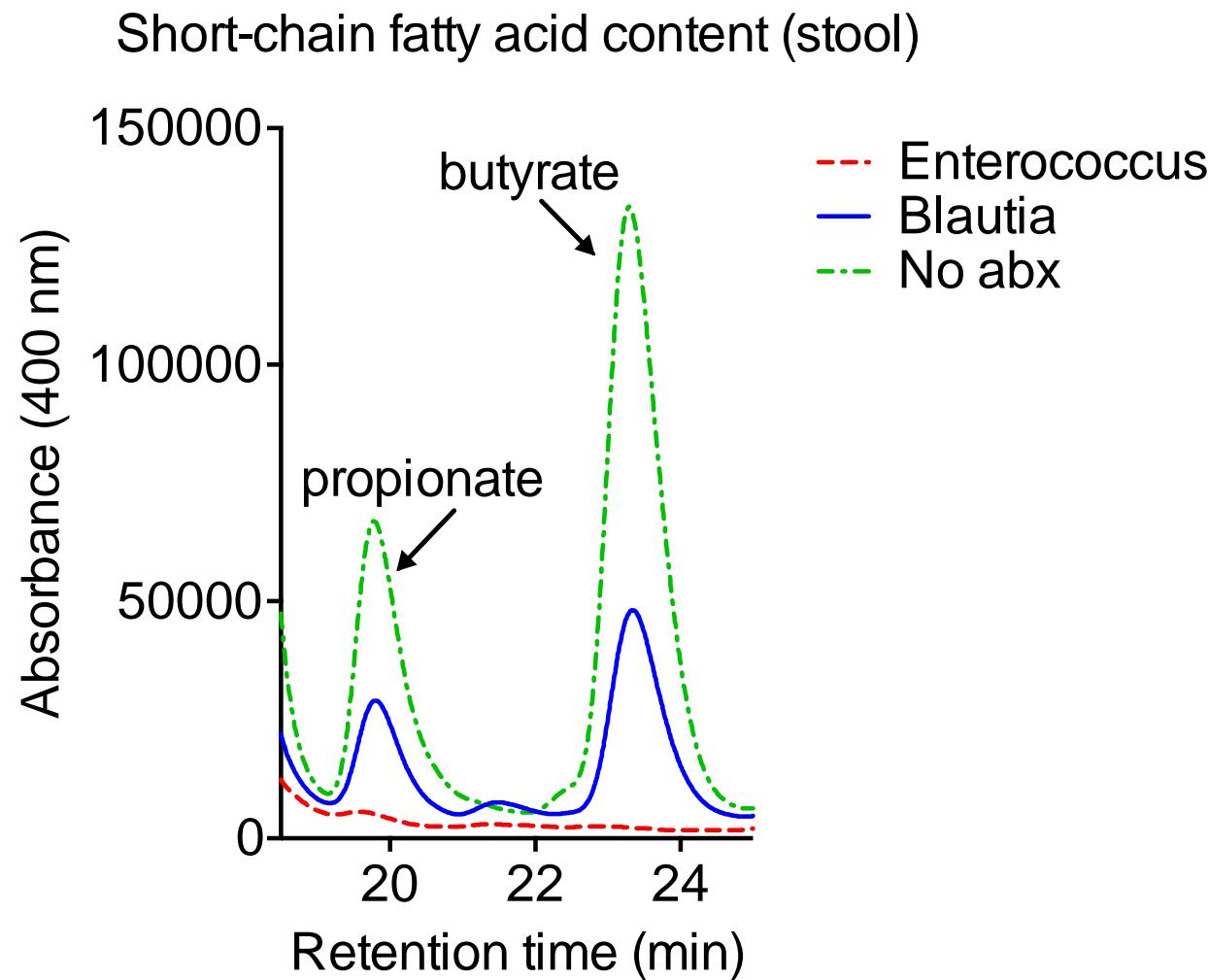
- Clostridial strains support colonic Tregs and produce short-chain fatty acids (Honda, 2011, 2013)
- Administration of acetate, propionate or butyrate increase colonic Tregs (Garrett et al, 2013)
- Administration of butyrate induces Foxp3 via HDAC inhibitor effects on CD4<sup>+</sup>T cells and dendritic cells (Rudensky et al, 2013, Ohno et al, 2013)
- HDAC inhibition reduces GVHD in mice and humans (Reddy, Ferrara et al, 2004, 2008, 2014)



# Association of Blautia abundance with short-chain fatty acid concentrations



# Blautia introduction after antibiotics restores short-chain fatty acid levels



Acknowledgements: Nick Arpaia and Paul DeRoos

## Prebiotics

- Encouraging eating
- Gastric nutritional supplementation
- Flora-targeted nutritional supplements

## Probiotics

- Re-introducing endogenous flora (autologous fecal microbiota transplant)
- Re-introducing selected bacteria with beneficial potential

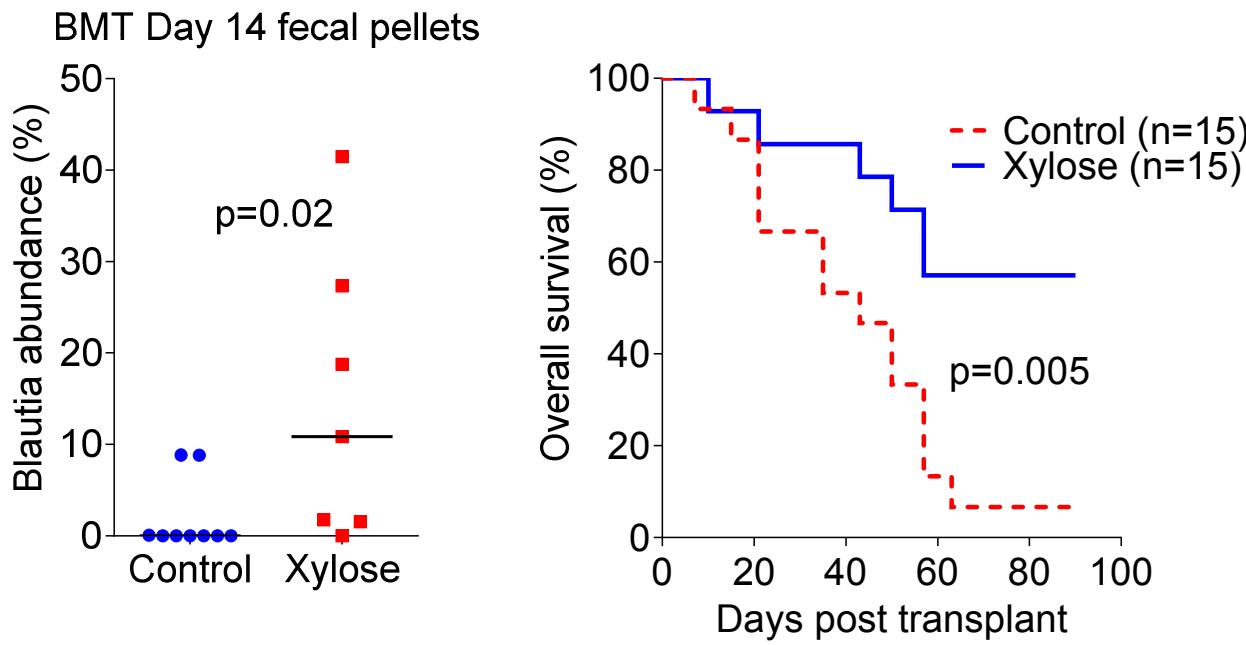
## Antibiotics

- Selecting antibiotics that spare bacteria with beneficial potential

## Postbiotics

- Identifying and introducing bacterial metabolites that mediate the anti-inflammatory effects

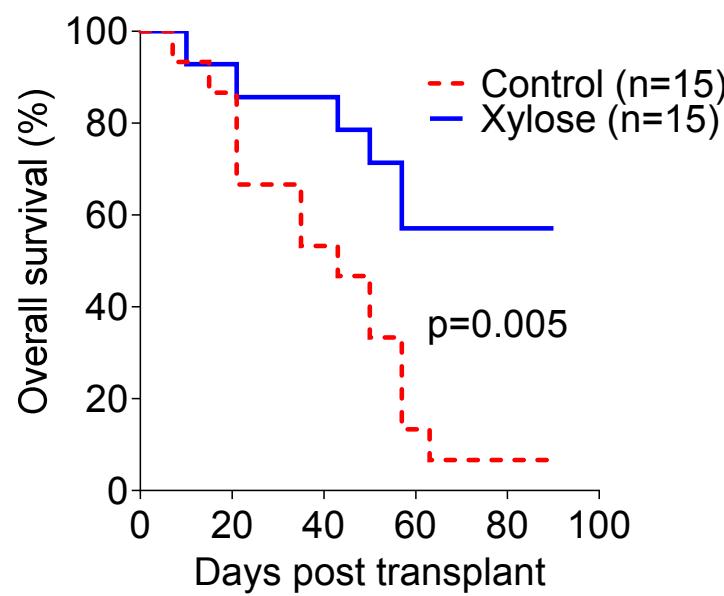
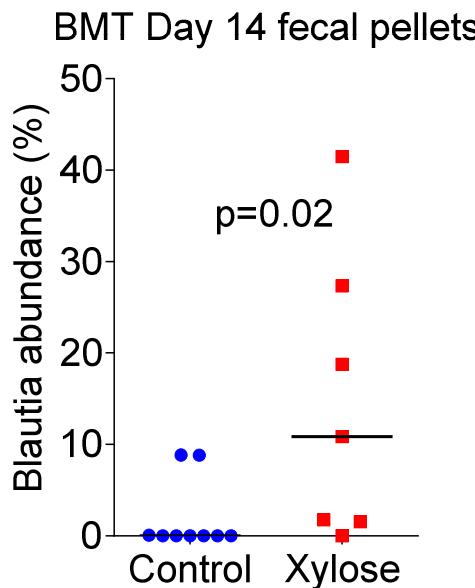
# Strategies to prevent GVHD: prebiotics and postbiotics



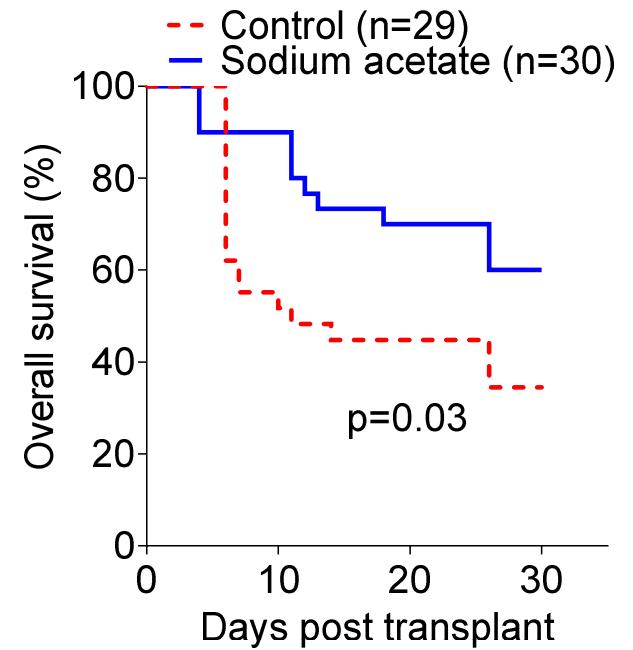
- Two experiments
- B10.BR into B6, BM + T
- Mice treated with xylose drinking water beginning 1 week pre-BMT

- Three experiments
- B6 into 129S1
- Mice treated with sodium acetate drinking water beginning 1 week pre-BMT

# Strategies to prevent GVHD: prebiotics and postbiotics

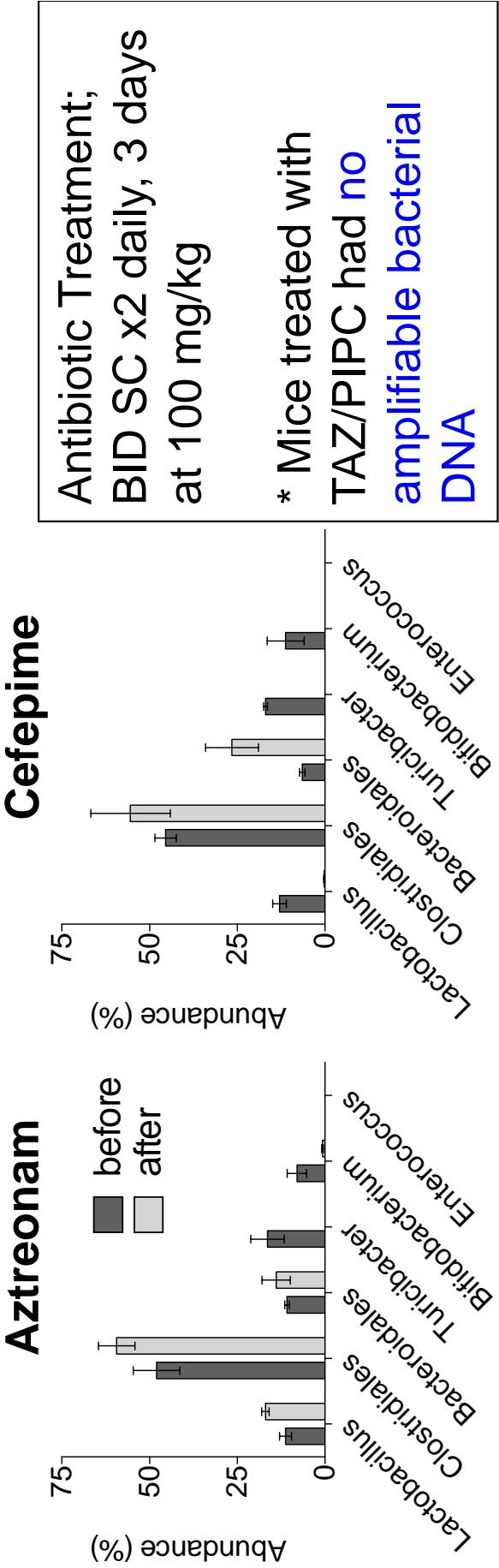


- Two experiments
- B10.BR into B6, BM + T
- Mice treated with xylose drinking water beginning 1 week pre-BMT

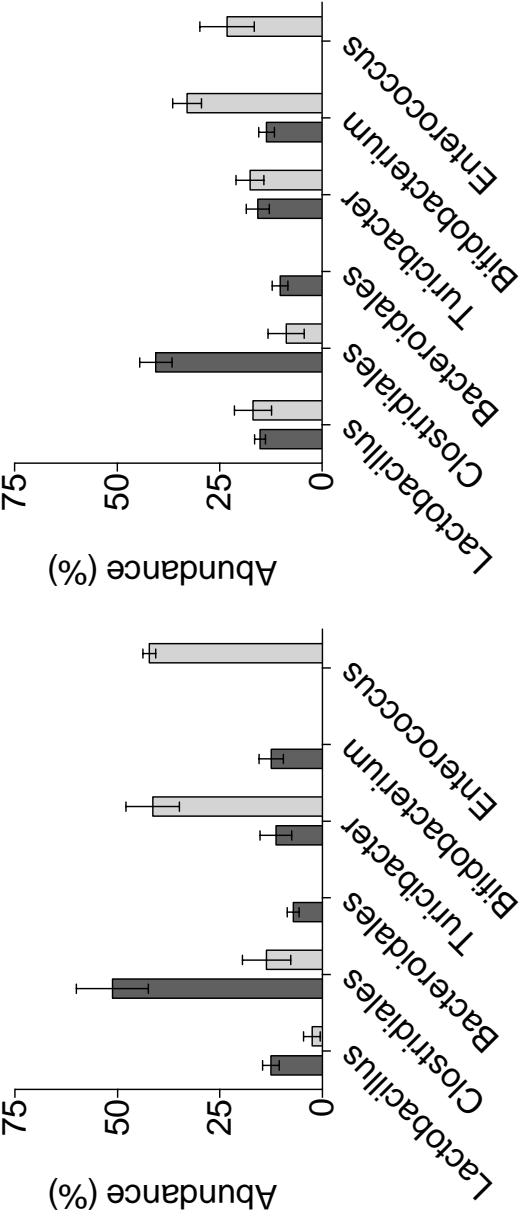


- Three experiments
- B6 into 129S1
- Mice treated with sodium acetate drinking water beginning 1 week pre-BMT

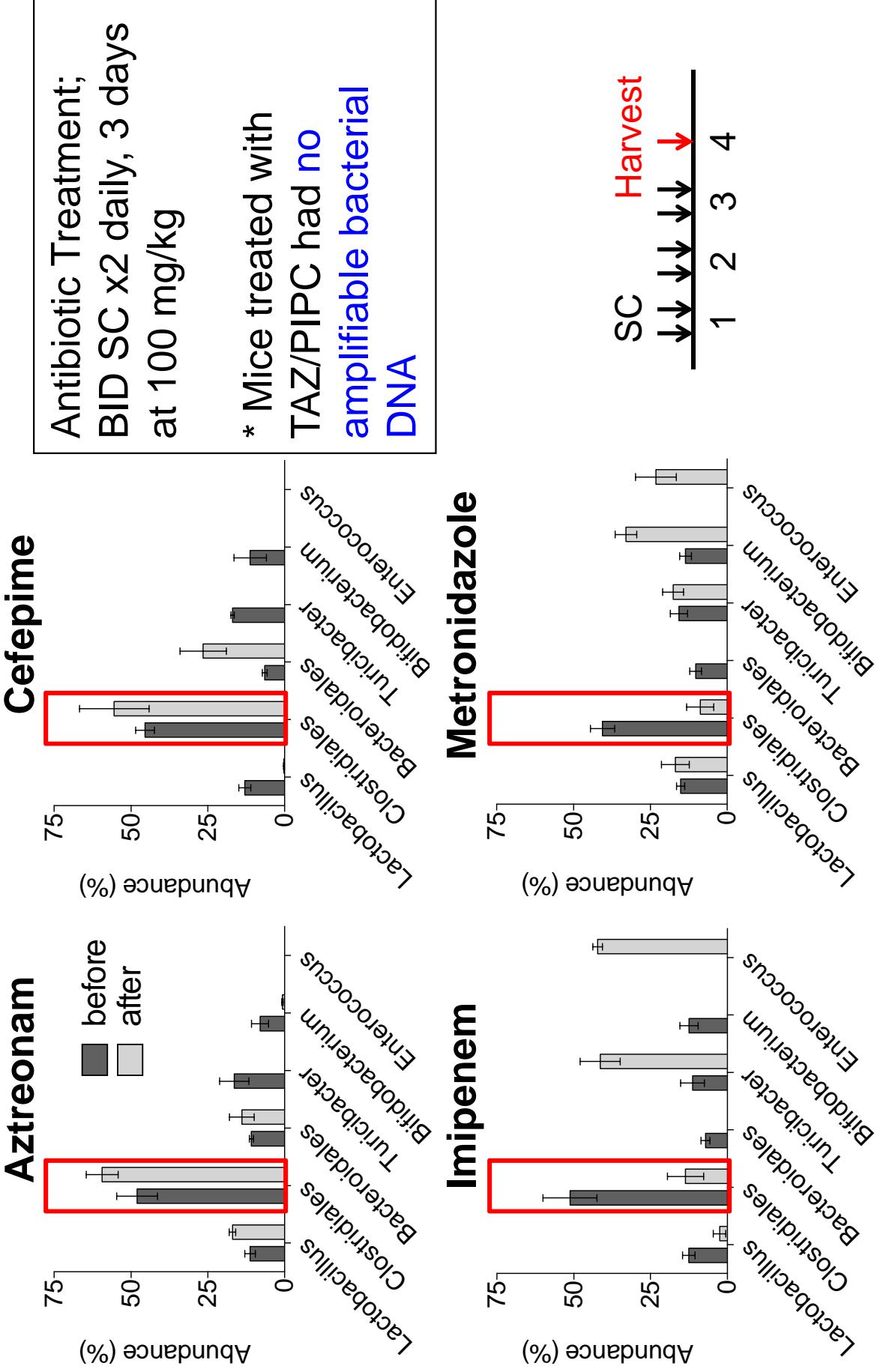
# Antibiotic strategies to prevent GVHD: Selecting those that spare Clostridiales



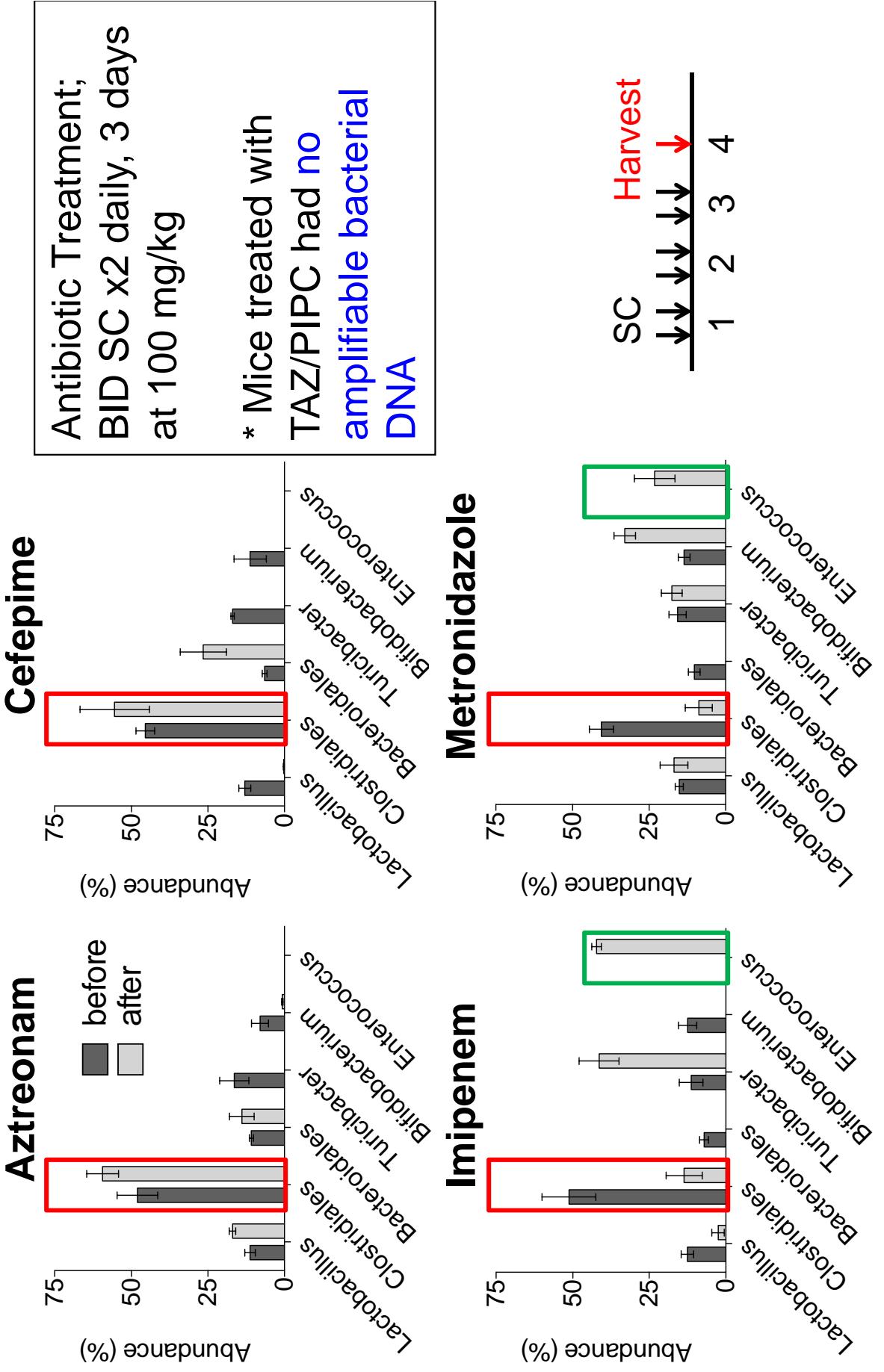
## **Metronidazole**



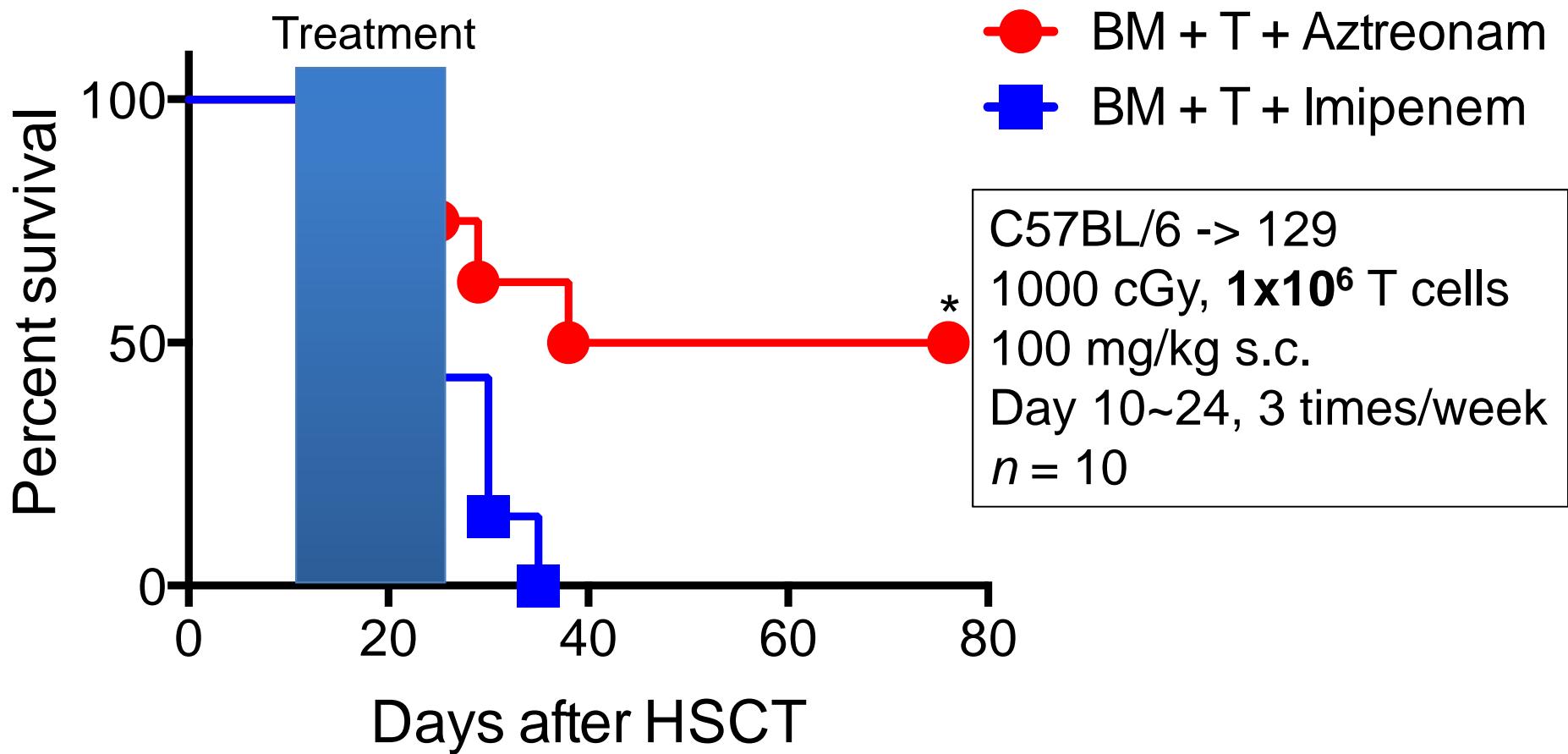
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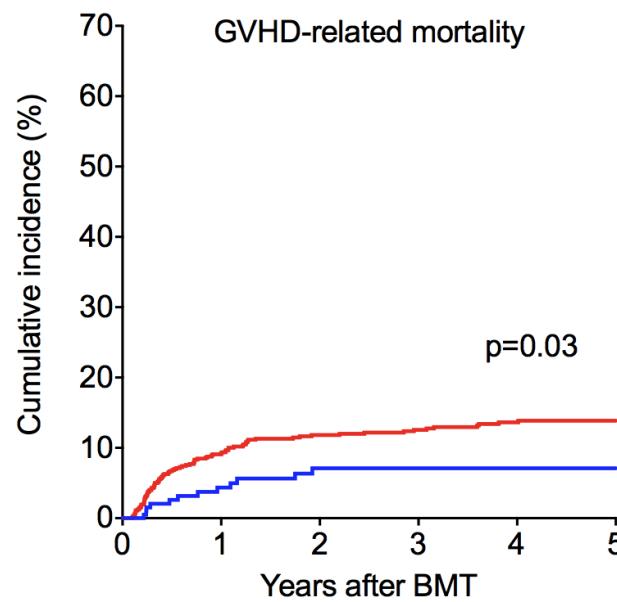
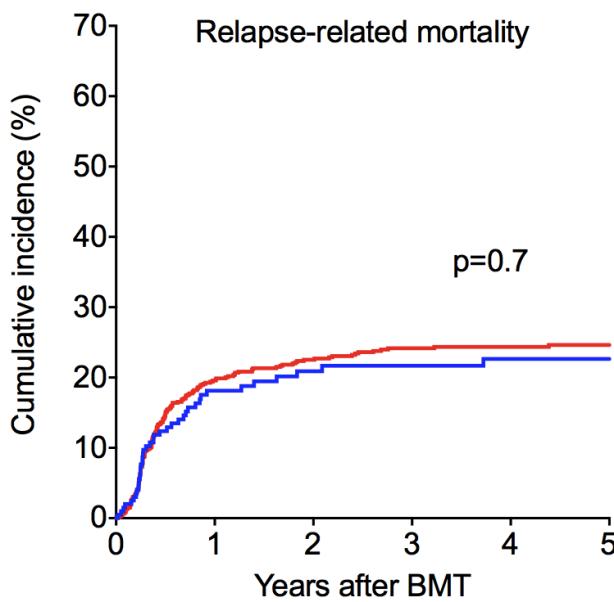
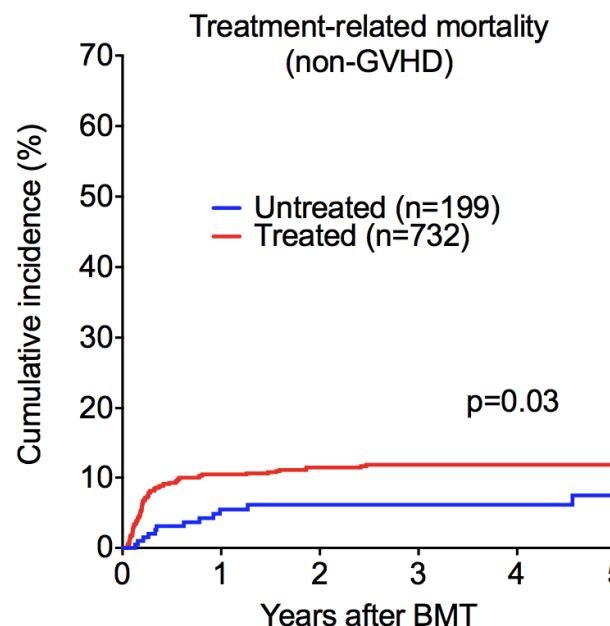
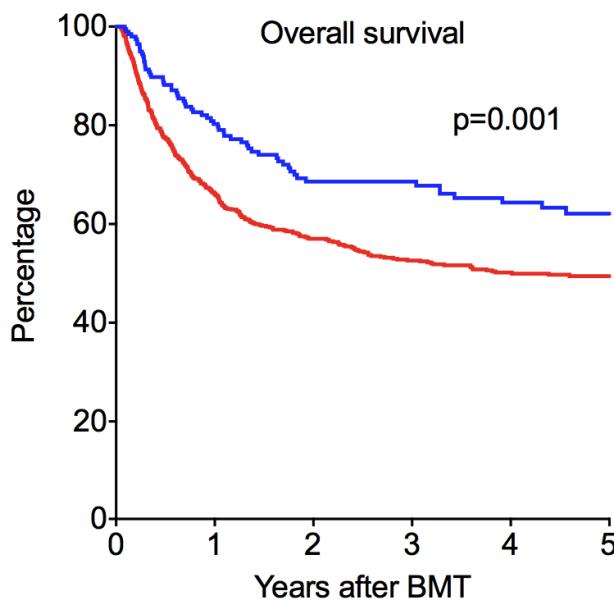
# Clostridiales eliminating antibiotic Imipenem worsens GVHD survival



# Lethal GVHD and anaerobic antibiotics

- 931 patients from MSKCC
- Underwent allo BMT 1991 to 2013
- Ex vivo or in vivo TCD excluded
- No oral antibiotic prophylaxis
- Stratified by exposure to antibiotics with anaerobic coverage during transplant hospitalization

# Lethal GVHD and anaerobic antibiotics



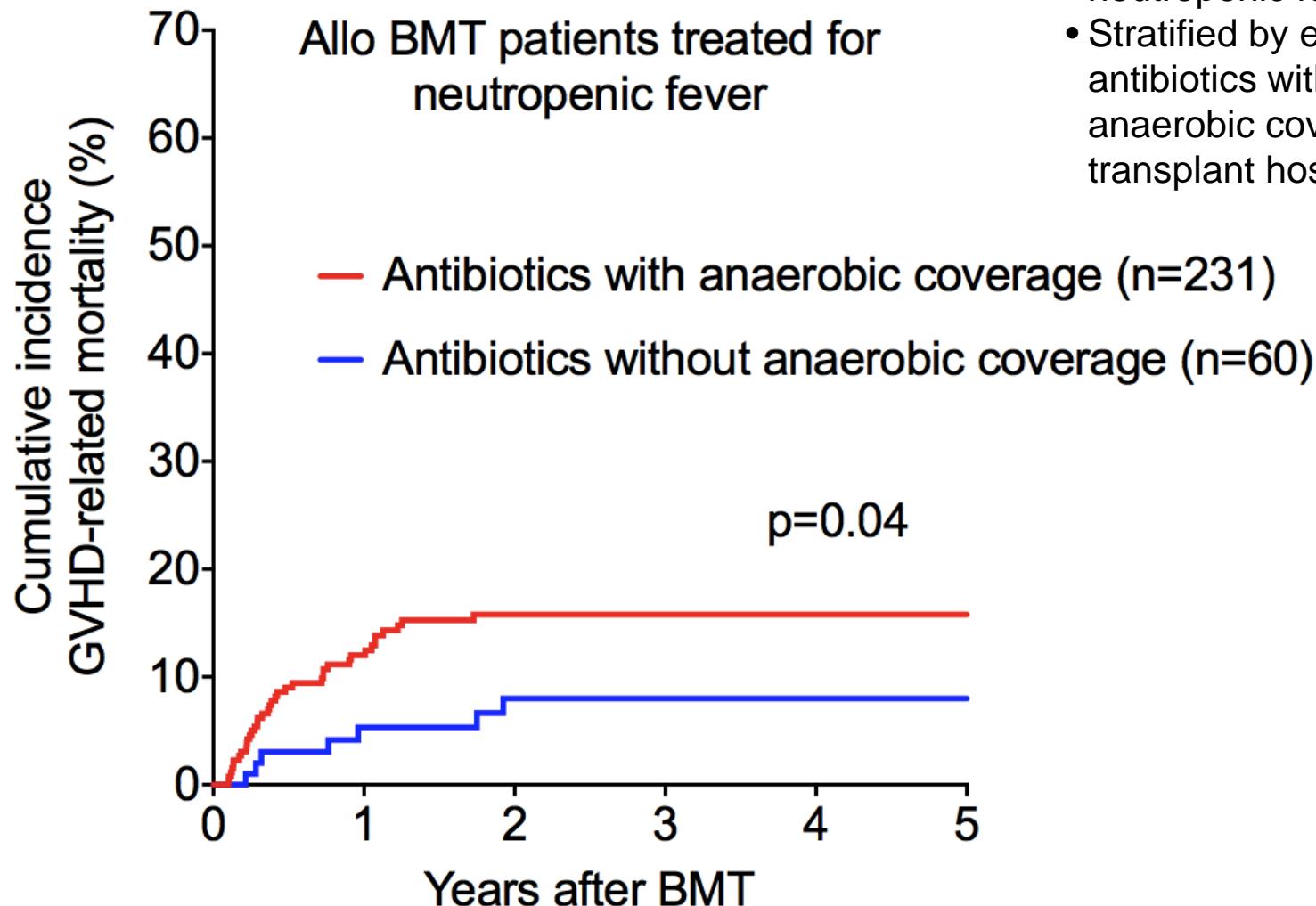
- 931 patients from MSKCC
- Underwent allo BMT 1991 to 2013
- Ex vivo or in vivo TCD excluded
- No anaerobic antibiotic prophylaxis
- Stratified by exposure to antibiotics with or without anaerobic coverage during transplant hospitalization

# Lethal GVHD and anaerobic antibiotics

- To address a “sick bias”, specifically looked at subset of patients, all treated for neutropenic fever
- Stratified by empiric antibiotics with or without anaerobic coverage during transplant hospitalization

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# Summary

- GVHD is associated with:
  - Increase in Lactobacillales in gut flora
  - Loss of microbial diversity
  - Loss of Blautia
- Potential therapies to decrease gut GVHD
  - Prebiotics that support Clostridiales
  - Probiotic therapy with Blautia or pre-BMT flora
  - Short chain fatty acids (“postbiotics”)
  - Antibiotics which spare Clostridiales

# Acknowledgements

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## van den Brink Laboratory

Kimon Argyropoulos  
Jarrod Dudakov  
Arnab Ghosh  
Alan Hanash  
**Robert Jenq**  
Fabiana Kreines  
Emily Levy  
Anna Mertelsmann  
Lia Palomba  
Hendrik Poeck  
Melody Smith  
Caroline Lindemans  
Yusuke Shono  
Marsinay Smith  
Jennifer Tsai  
Andrea Tuckett  
Enrico Velardi  
Lauren Young  
Johannes Zakrzewski  
Stephanie Benardis  
Megan Solberg  
Katya Ahr

## Pamer Lab/Castori Center

Eric Pamer  
Ying Taur  
Carles Ubeda  
Lilan Ling  
Eric Littman  
Lauren Lipuma  
Asia Gobourne

## MSKCC

Juliet Barker  
Doris Ponce  
Miguel Perales  
Sergio Giralt  
Richard Kolesnick  
Joao Xavier  
Marco Davila  
Michel Sadelain  
Isabelle Riviere  
Renier Brentjens  
Sean Devlin

## FHCRC

John Hansen

## Hubrecht Institute

Hans Clevers

## University of Minnesota

Bruce Blazar

## University of Florida

Chen Liu

## Monash University

Richard Boyd